

# Support Services

for People working in the Sex and Adult Industry

Westminster · Kensington & Chelsea · 2026

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Find the support you need by going to the section that matches what you are looking for.

**1**  
**Someone to talk to**

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**Sexual health**

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**If you think you are being exploited**

# If you need help right now

Use this page first if you are in immediate danger, in crisis, or unsure where to start.

## Emergency

If you are in immediate danger - call 999.

If it is unsafe to speak, you can stay silent and press 55 when prompted. The operator will know to send help.

## Urgent — not sure what to do

Call 111. They can direct you to the right service, including mental health support, 24 hours a day.

If you are in mental health crisis, the Single Point of Access (SPA) line is available 24 hours a day and can connect you with local support, including emergency mental health services: 0800 0234 650

## Need someone to talk to now

Samaritans - free, 24 hours: 116 123

Shout - free 24/7 text line for anyone in crisis: Text SHOUT to 85258 in the UK to text with a trained Crisis Volunteer.

## Emergency contraception

Free emergency contraception (the morning-after pill) is available without a prescription at many pharmacies through the NHS Pharmacy Contraception Service. Free for most people including those under 16 - no GP appointment needed.

Find your local participating pharmacy: [nhs.uk/contraception](https://www.nhs.uk/contraception)

# Who this directory is for

**This directory is for anyone who provides sexual or adult services — whether or not you use the term "sex worker" to describe yourself.**

This might include: escorting, sugaring, camming or online content creation, lap dancing or exotic dancing, massage or intimacy work, dominatrix or fetish work, adult entertainment, or any exchange of sexual or intimate services for money, gifts, or other benefit. You do not need to identify as a sex worker to use this directory. We will use 'sex worker' and 'people working in the sex industry' as umbrella terms for the purpose of this document.

## For people in the sex and adult industry

- Counselling, peer support and mental health services
- Sexual health clinics - including those with specialist sex worker provision
- Housing support and homelessness services
- Drug and alcohol support
- Legal advice and rights information
- Community and peer-led organisations
- Support if you feel unsafe or are being exploited

You do not need to disclose your work to access most services but this may facilitate you to access specialist support. Where services have a tailored, sex work-specific offer, this is noted on the card.

## For frontline workers and professionals

This directory is also a referral tool for social workers, housing officers, NHS and sexual health clinicians, drug and alcohol keyworkers, police and criminal justice workers, outreach workers, and any professional supporting people who may be in the sex or adult industry.

Service cards include access information and contact details to help you make appropriate referrals.

## About confidentiality

All services in this directory are confidential. If you are worried about confidentiality or what a service shares, ask them directly before you share anything personal - every organisation listed here should be honest with you about this.

# Find the support you need

Go to the section that matches what you need. Many services can help with more than one thing — so if you are not sure, start anywhere.

1

## Someone to talk to

Counselling, outreach, peer support, and emotional wellbeing - including services that come to you and services specifically for sex workers.

2a

## Sexual health - Clinics

Sexual health testing, contraception, and specialist clinical support.

2b

## Sexual health - Support and Wellbeing

Psychosocial support, including HIV peer support, and services for people who have experienced sexual violence.

3

## Drugs & alcohol

Support to reduce harm, manage use, or access treatment.

4

## Housing

Need somewhere safe to stay, facing eviction, or struggling with your housing situation?

5

## Rights & legal help

Know your rights, get advocacy support, or access legal advice - including for people with insecure immigration status.

6

## Community & peer support

Connect with others, access peer-led organisations, or find community events.

7

## If you think you are being exploited

Support if you are being controlled, trafficked or forced — including safe accommodation and specialist services.

# How to read a service entry

Every service listed shows the same information in the same order so you can find what you need quickly.

## Example Service

**Westminster only**

FOR	ACCESS	COST	LANGUAGES
<b>All genders</b>	<b>Self-refer</b>	<b>Free</b>	<b>Spanish, Portuguese</b>

🌐 example.org  
☎ 020 0000 0000

A short description of what the service offers and who it helps, written in plain language.

Outreach   Counselling

## Symbols used

🌐 Website   ☎ Phone   ✉ Email   ⚠ Important note

## The top-right badge shows who can access the service

"Westminster & RBKC": you must live or have a 'local connection' to one of those boroughs to access this service.

"Open to all", "London" or "National": anyone can use this service regardless of where they live.

**Note:** RBKC = Royal Borough of Kensington and Chelsea

H&F = Hammersmith & Fulham

WCC = Westminster City Council

# Someone to talk to

Counselling, outreach, peer support, and individual casework - including services that come to you in working flats and on the street, and services specifically for sex workers and particular communities.

Counselling

Outreach

1:1 casework

Peer support

Specialist support

LGBT+ inclusive

Multilingual

## Support, outreach & counselling

### Tamar Westminster

Westminster & City of London

FOR  
**Women**

ACCESS  
**Self-refer or via organisation**

LANGUAGES  
**Mandarin, Thai, Spanish**

🌐 [tamarwestminster.org](http://tamarwestminster.org)  
✉ [contact@tamarteam.org](mailto:contact@tamarteam.org)

Outreach and individual support for women and transgender women in the sex industry. Visits working flats, parlours and street-based locations to build trusted relationships over time. Provides access to free counselling and casework support.

Visits working flats & street

Free counselling

Mandarin · Thai · Spanish

### Rahab

RBKC & H&F

FOR  
**Women**

ACCESS  
**Self-refer or via organisation**

🌐 [rahabuk.com](http://rahabuk.com)  
✉ [referrals@rahabuk.com](mailto:referrals@rahabuk.com)  
☎ 0207 370 3901

Outreach and individual support for women and transgender women in the sex industry in RBKC and Hammersmith & Fulham. Provides specialist support, third party reporting, outreach, 1:1 casework, befriending, wellbeing, counselling, and English lessons. Also offers advice and training to frontline practitioners.

1:1 casework

English lessons

Independent advocate (ISVA)

### SASH — Support & Advice on Sexual Health

WCC, RBKC & H&F

FOR  
**Everyone**

ACCESS  
**Self-refer or via professional referral**

🌐 [sashlondon.org/your-health/sex-working](http://sashlondon.org/your-health/sex-working)  
☎ 020 7851 2955  
◆ 31 Wardour Street, London W1D 6PT — Mon to Fri 9am–5:30pm

Wraparound wellbeing support for people with experience in the adult/sex industry. Offers counselling, care coordination, complementary therapies, peer support groups, advocacy, health and wellbeing coaching, and someone to accompany you to sexual health and contraception appointments. Also supports people to consider professional development - if you are thinking about leaving the industry or exploring other options, they can help to identify transferable skills and career development opportunities. Support is available face-to-face and online.

Counselling

Peer support groups

Go with you to appointments

### The Angelou Partnership

Westminster, RBKC and H&F only

FOR  
**Women & girls**

ACCESS  
**Self-refer or via organisation**

🌐 [angelou.org](http://angelou.org)  
◆ Domestic abuse: 0800 059 0108  
◆ Sexual violence: 0808 801 0660

10 specialist organisations providing support for women and girls experiencing domestic or sexual violence. Support by phone, face to face, or in group sessions. Covers sexual violence, domestic abuse, stalking, FGM, honour-based violence, and faith-based violence.

Free helpline

Phone & face to face

## Support, outreach &amp; counselling (continued)

## Street Talk

London

FOR  
Women with street-based experience

ACCESS  
Via outreach

street-talk.org.uk

Works with women with experience of street-based sex work, connecting them with services they may have had difficulty accessing — including trauma therapy, healthcare and counselling. Support includes group therapy held in day centres as well as wider outreach.

Therapy

Healthcare access

## The Minerva Wraparound Service

24 boroughs

FOR  
Women & girls aged 15+

ACCESS  
Self-refer or via organisation

◆ London North: 020 3981 8486

◆ London West: 020 8563 2225

◆ London East: 020 3096 6488

✉ admin\_minerva@advancecharity.org.uk

Support for women and girls with complex needs who have been in contact with the criminal justice system. Provides keyworker support, group work, mentoring, and specialist support across North, East and West London.

If you have a conviction or caution

Mentoring &amp; group work

## Spectra CIC — ALEX Project

London

FOR  
LGBTQ+ & marginalised communities

ACCESS  
Self-refer or via organisation

spectra-london.org.uk

Peer-led sex worker support delivered by people with lived experience, particularly for LGBTQ+ and marginalised communities. Provides counselling, safer sex resources, healthcare advocacy, harm reduction outreach, and referrals. Services based in South, South West and North West London, with some services London wide.

LGBT+ inclusive

Run by people with lived experience

Counselling

## Galop — LGBT+ Anti-Abuse Charity

National

FOR  
LGBT+ people

ACCESS  
Self-refer

galop.org.uk

Specialist support for LGBT+ people who have experienced domestic abuse, sexual violence, hate crime, or 'conversion' practices. Offers a national helpline, casework services, and tailored advocacy support.

LGBT+ specialist

National helpline

## Support, outreach & counselling (continued)

### LAWRS — Latin American Women's Rights Service

London

FOR

Latin American women 16+

ACCESS

Self-refer — call or drop-in

[lawrs.org.uk](http://lawrs.org.uk)

[referrals@lawrs.org.uk](mailto:referrals@lawrs.org.uk)

◆ 52–54 Featherstone Street, London EC1Y 8RT

◆ Helpline: Tue–Fri 11am–1pm | Monday drop-in from 10am (arrive 30 mins early)

◆ Mon–Fri 10am–6pm

By and for Latin American women in the UK. Trans women inclusive. Offers free and confidential specialist support in Spanish and Portuguese including: individual psychotherapy for survivors of gender-based violence; legal and welfare advice on housing, benefits, and employment rights; community integration activities; and a Language Café for English practice. Free crèche available for women accessing any service. Women with no recourse to public funds are welcome.

Spanish & Portuguese

Counselling

Free crèche

### London Friend

London

FOR

LGBTQ+ people

ACCESS

Self-refer

[londonfriend.org.uk](http://londonfriend.org.uk)

☎ 020 7833 1674 — Mon to Fri 11am–4pm

The UK's oldest LGBTQ+ charity, supporting mental health and wellbeing since 1972. Offers 12 weeks of free counselling with LGBTQ+ identifying counsellors, social and support groups (in person and online), and Antidote - the LGBTQ+ drug and alcohol project. Self-referral for counselling via the website.

LGBTQ+ specific

Free counselling

Drug & alcohol support

### The Listening Place

London

FOR

Adults 18+ experiencing suicidal thoughts

ACCESS

Self-refer or professional referral

[listeningplace.org.uk](http://listeningplace.org.uk)

☎ 020 3906 7676

Free, ongoing face-to-face listening support for adults who are experiencing suicidal thoughts. Fortnightly 50-minute sessions with a trained volunteer, usually for three months. Four London locations: Pimlico, Kings Cross, Hammersmith and Liverpool Street. Aims to make contact within 24 hours and offer a first appointment within 7 days.

⚠ *Not a crisis helpline. If in immediate danger call 999 or go to A&E. For crisis support: Samaritans 116 123.*

Strict confidentiality

Suicidal thoughts

## Support, outreach & counselling (continued)

### Mental health crisis — emergency walk-in service

#### MHCAS — Mental Health Crisis Assessment Service

Westminster & RBKC

FOR  
**Adults 18+ in mental health crisis**

ACCESS  
**Walk-in, no referral needed**

 [cnwl.nhs.uk/mhcas](https://cnwl.nhs.uk/mhcas)

 0800 0234 650 — 24/7 Single Point of Access (freephone)

 St Charles Hospital Mental Health Centre, Exmoor Street, W10 6DZ — Open 24/7

A calm, therapeutic alternative to A&E for adults experiencing a mental health crisis - severe anxiety, psychosis, suicidal thoughts or emotional distress. For residents of Westminster, RBKC, Brent, Harrow or Hillingdon. Walk in at any time or call the 24/7 Single Point of Access helpline.

 *Do not attend if you have an urgent physical health need such as an overdose — call 999 or go to A&E.*

Open 24/7

Walk-in, no appointment

Mental health crisis

# Sexual health — Clinics

Sexual health testing, contraception, HIV PrEP and PEP, and specialist clinical support. You do not need to live in Westminster or RBKC to access local clinics.

- STI testing
- Contraception
- Sex worker clinics
- Drop-in & online
- Languages available

## Sexual health — clinics

## John Hunter Clinic (JHC)

Open to all

FOR

Everyone - specialist sex worker support available

ACCESS

Walk-in or booked

LANGUAGES

Brazilian, Portuguese, Spanish

 [chelwest.nhs.uk](https://chelwest.nhs.uk) — JHC sexual health

 Fulham Road, RBKC

As well as access to general provision, they run a specialist sex worker clinic every Tuesday - 30-minute assessments with a health advisor which operate as a 'one-stop-shop'. Brazilian and Spanish-speaking clinicians available. Aims to accommodate walk-ins. Runs a weekly drop-in with the Club Drug Clinic.

## Opening hours:

**Mon:** 9am–7pm**Tue:** 9am–7pm (SW clinic)**Wed:** 1pm–7pm**Thu:** 9am–7pm**Fri:** 9am–4pm**Sat (monthly):** 10am–4pm

STI testing &amp; treatment

Contraception

Portuguese &amp; Spanish speakers

## Jefferiss Wing (St Mary's Hospital)

Open to all

FOR

Everyone - specialist sex worker support available

ACCESS

Appointments (Walk in for emergency only)

 [imperial.nhs.uk](https://imperial.nhs.uk) — sex industry info

 St Mary's Hospital, Paddington

 020 3312 1225

Provides appointments with the Sexual Health Information and Protection (SHIP) team - specialist nurse practitioners who offer STI risk advice and can signpost or refer for drug/alcohol, mental health, domestic abuse, and sexual violence support. Also offers online information tailored to sex workers.

## Opening hours:

**Mon:** 9am–7pm**Tue:** 9am–4pm**Wed:** 12pm–7pm**Thu:** 9am–4pm**Fri:** 9am–4pm

STI testing &amp; treatment

Referrals to other support

## 56 Dean Street / Dean Street Express

Open to all

FOR

Everyone - specialist sex worker support available

ACCESS

Walk-in or Booking

 [dean.st](https://dean.st)
 020 3315 5656

As well as access to general provision, they provide online screening for 'my job involves sex' with tailored information. Clients are likely to be offered an appointment with a health advisor who can provide more holistic support. They also offer a 'Gold Card' membership which gives sex workers access to more frequent routine checks at Dean Street Express. They conduct outreach to Soho flats for screening, vaccinations, and contraception.

Monthly trans/non-binary clinic with Spectra. Monthly WCC housing drop-in.

## Opening hours:

**Mon:** 8am–7pm**Tue:** 8am–7pm**Wed:** 12pm–7pm**Thu:** 8am–7pm**Fri:** 9am–4pm**Sat:** 11am–4pm

Sexual Health Advisor

Monthly trans &amp; non-binary clinic

## Sexual health — clinics (continued)

## Pan London Sexual Health Service (SHL)

Anywhere online

FOR  
EveryoneACCESS  
Self-refer online

shl.uk

◆ Available 24/7 online

Online STI testing for people with mild or no symptoms. Also offers regular and emergency contraception. If you mention sex work during the consultation you receive enhanced testing and signposting including vaccination information.

Online · available 24/7

STI testing kits posted to you

Emergency contraception

## 10 Hammersmith Broadway

Open to all

FOR  
Everyone - specialist sex worker support availableACCESS  
Walk-in or booked

chelwest.nhs.uk/services/hiv-sexual-health/clinics/10-hammersmith-broadway

020 3315 1010

◆ 10 Hammersmith Broadway, London W6 7AL — Mon/Tue 9am–7pm, Wed 1pm–7pm, Thu 9am–4pm, Fri 8:30am–12 noon

Free NHS sexual health clinic offering STI testing and treatment, contraception (including implants and coils), HIV PrEP and PEP, rapid HIV tests, psychology support, and hepatitis screening. Has a specialist outreach worker for people in the sex and adult industry who is Brazilian-Portuguese speaking.

STI testing &amp; treatment

Portuguese-speaking outreach worker

## Sexual assault &amp; rape — immediate and follow-up care

## The Havens

London

FOR  
All genders, adults & young peopleACCESS  
Call first — not a walk-in

thehavens.org.uk

020 3299 6900 — urgent advice &amp; appointments, 24/7 (free)

020 3299 1599 — non-urgent enquiries, Mon–Fri 9am–5pm

NHS Sexual Assault Referral Centres (SARCs) for anyone in London who has been raped or sexually assaulted within the past 12 months. Provides urgent medical care, emergency contraception, forensic examination (within 7 days of assault), STI testing, and specialist support. No police report needed. Interpreters available including British Sign Language. Three centres: Paddington (near St Charles, W10 6DZ), Camberwell (near King's College, SE5 9RS), and Whitechapel (near Royal London, E1 5DG).

⚠ Not a walk-in — call 020 3299 6900 first. If you have been assaulted recently, do not wash or bathe before calling as this may remove forensic evidence.

Specialist support

Forensic examination available

# Sexual health — Support and Wellbeing

Psychosocial support including HIV peer support, and specialist services for people who have experienced sexual violence. More time is needed for these services - refer or self-refer in advance.

[HIV Support](#)[Specialist Counselling](#)[Male Survivors](#)

## Sexual health — support and wellbeing

### Positively UK

National

FOR  
People living with HIV

ACCESS  
Self-refer

[positivelyuk.org](https://positivelyuk.org)  
0207 713 0444 — Mon to Fri 10am–4pm

Peer-led HIV support, advocacy and information. Offers one-to-one peer support, support groups for women, gay men and heterosexual men and women, and workshops for people newly diagnosed. Works in partnership with NHS clinics across London including St Mary's Paddington. Free service.

Peer-led    Newly diagnosed support    Groups & workshops

### NAZ (Naz Project London)

London

FOR  
Black, Brown, Global Majority and LGBTQ+ communities

ACCESS  
Self-refer

[naz.org.uk](https://naz.org.uk)

Sexual health and HIV charity providing culturally specific support for people from South Asian, Middle Eastern, North African, Horn of African, Caribbean, Latin American and LGBTQ+ communities. Offers HIV testing, peer support, counselling (12 free sessions), support groups and outreach. Runs weekly HIV and STI testing in partnership with 10 Hammersmith Broadway.

Culturally specific    HIV testing & support    Free counselling

### Terrence Higgins Trust

National

FOR  
Everyone

ACCESS  
Self-refer

[tht.org.uk/sexual-health](https://tht.org.uk/sexual-health)

Sexual health and HIV support with specific resources and advice for sex workers. Information on HIV, testing, treatment, and navigating healthcare.

HIV support    Sexual health advice

### Love Tank CIC

National

FOR  
Everyone

ACCESS  
Self-refer

[thelovetank.info](https://thelovetank.info)

Promotes health and wellbeing of under-served communities including sex workers through education, community building, research, and events. Produces the 'Little Backpocket Guide' series with practical harm reduction information.

Free harm reduction guides

## Sexual health — support and wellbeing (continued)

### SASH — Support & Advice on Sexual Health

WCC, RBKC and H&F

FOR

Everyone - specialist sex worker support available

ACCESS

Self-refer or via professional referral

[sashlondon.org/your-health/sex-working](https://sashlondon.org/your-health/sex-working)

020 7851 2955

Wraparound wellbeing support for people with experience in the adult/sex industry. Provides counselling, care coordination, peer support, and help attending sexual health and contraception appointments. Supports access to prevention, screening, and treatment services.

Peer support groups

Counselling

Go with you to appointments

### Sexual violence — specialist support

### Survivors UK

London & national

FOR

Men, boys and non-binary people 18+

ACCESS

Self-refer

[survivorsuk.org](https://survivorsuk.org)

0808 801 0332 — Mon to Fri 10am–12pm (freephone)

07860 031252 — WhatsApp or SMS, 7 days 12pm–8pm

Specialist support for male, non-binary and gender-diverse survivors of sexual violence and abuse. Offers counselling, Independent Sexual Violence Advisor (ISVA) support, practical casework, peer support groups, and an online helpline (also available for boys 13+). London services available in person or remotely.

Men & non-binary

ISVA support

# Drugs & alcohol

Support to reduce harm, manage use, or access treatment. Many services have drop-ins requiring no appointment.

Drop-in

Women's pathway

Peer-led

Recovery

## Drug & alcohol services

### Turning Point — Drug & Alcohol Wellbeing Service (DAWS)

Westminster &amp; RBKC

FOR  
Everyone

ACCESS  
Drop-in or self-refer

[turning-point.co.uk/westminster-kensington-chelsea](https://turning-point.co.uk/westminster-kensington-chelsea)

020 8740 6815 — Mon to Fri 9am–5pm

Drug and alcohol support service for Westminster and RBKC. Includes a weekly drop-in for women with complex needs, regular outreach, and peer mentors.

Weekly women's drop-in

Weekly Outreach

### Club Drug Clinic (CNWL)

Westminster &amp; RBKC

FOR  
Everyone

ACCESS  
Self-refer or via clinic

[clubdrugclinic.cnwl.nhs.uk](https://clubdrugclinic.cnwl.nhs.uk)

020 3317 3000

[clubdrugclinic.cnwl@nhs.net](mailto:clubdrugclinic.cnwl@nhs.net)

Specialist NHS service for people experiencing problems with recreational drug use including chemsex drugs. Sex workers receive immediate assessment with a dedicated keyworker who can discuss sex work openly - female keyworker available on request. Also links to other support services, such as SASH. In-reach into sexual health clinics means STI testing is available on-site if needed. Runs a weekly drop-in with John Hunter Clinic.

Chemsex specialist

STI testing on-site

Dedicated keyworker

### Change Grow Live — The Alcohol Service

Westminster &amp; RBKC

FOR  
Everyone

ACCESS  
Self-refer

[changegrowlive.org/the-alcohol-service/referrals](https://changegrowlive.org/the-alcohol-service/referrals)

0800 014 7440 (free)

Core alcohol service for Westminster and RBKC. Assessments include questions to identify sex work involvement and sexual health needs. Provides access to a women's pathway and referrals to SASH and other relevant services.

Alcohol support

Women's pathway

### Insight (Waythrough)

Westminster &amp; RBKC

FOR  
Up to age 25

ACCESS  
Self-refer

[waythrough.org.uk/find-support-near-me/insight-platform/](https://waythrough.org.uk/find-support-near-me/insight-platform/)

Drug and alcohol wellbeing service for children and young people up to the age of 25.

For people up to age 25

## Drug &amp; alcohol services (continued)

## Build on Belief

Westminster

FOR  
EveryoneACCESS  
Self-refer

[buildonbelief.org.uk](http://buildonbelief.org.uk)  
[bob@buildonbelief.org.uk](mailto:bob@buildonbelief.org.uk)

Peer-led recovery support including a weekend social club. Also provides housing advocacy for people in treatment or recovery - including support to access legal aid to challenge threatened evictions and access to benefits and other support.

Weekend social club

Housing Advocacy

## Gay Men's Health Collective (GMHC)

National

FOR  
Gay and bisexual menACCESS  
Self-refer

[gaymenshealthcollective.co.uk](http://gaymenshealthcollective.co.uk)

Volunteer-led health projects including safer chemsex packs (named PIC PAC) with harm reduction information, injecting kit, condoms, and booklets on safer chemsex and your rights.

Free chemsex harm reduction packs

LGBT+ specialist

## Antidote — London Friend

National

FOR  
LGBTQ+ peopleACCESS  
Self-refer

[londonfriend.org.uk/antidote](http://londonfriend.org.uk/antidote)

LGBTQ+-run drug and alcohol support service. Offers counselling, support groups, and sexual health support.

LGBT+ specialist

Counselling &amp; support groups

## Outside Edge Theatre Company

West  
LondonFOR  
People in recoveryACCESS  
Self-refer

[outsideedge.org](http://outsideedge.org)

Peer-led arts activities for people in recovery from substance misuse.

Creative arts activities

## Crystal Meth Anonymous (CMA) UK

London &amp; online

FOR  
Anyone with a problem with crystal meth or other substancesACCESS  
Drop-in meetings — no registration needed

[crystalmeth.org.uk](http://crystalmeth.org.uk)

Peer-led 12-step fellowship for people recovering from crystal meth addiction - particularly relevant for chemsex related recovery. Regular face-to-face meetings across London (including Vauxhall and Kennington) and online meetings daily. No fees, no registration - just come along.

Crystal meth &amp; chemsex

Peer-led fellowship

Free, no registration

# Housing

If you need somewhere safe to stay, are facing eviction, or need support to keep your housing.

- Housing first
- Trauma-informed
- Women-only
- Tenancy support

## Housing services

### The Passage

Westminster

FOR

Single adults 18+ experiencing or at risk of homelessness

ACCESS

Drop-in or call

[passage.org.uk](https://www.passage.org.uk)

020 7592 1850 — Mon to Fri 9am–3:30pm

St Vincent's Centre, Carlisle Place, London SW1P 1NL — Mon to Fri 9am–12pm and 1–3:30pm

The Passage Resource Centre offers housing advice, benefits, employment support, immigration legal advice, substance misuse support, counselling, healthcare, and meals. Residential accommodation available for those experiencing rough sleeping.

Housing advice

Rough sleeping

Modern slavery support

### Solace Housing First

Westminster

FOR

Women

ACCESS

Via referral

[solacewomensaid.org/our-services/housing-first/](https://solacewomensaid.org/our-services/housing-first/)

Women, including trans women, only service offering trauma-informed support alongside long-term housing. Provides 1-bed dispersed flats across London with weekly keyworker visits. Also offers safety planning, risk assessments, and IDVA-equivalent support.

*⚠️ Vacancies for properties come up infrequently so please check capacity before submitting a referral.*

Long-term housing + support

### Westminster City Council Housing Solutions Service

Westminster only

FOR

Westminster residents or those with a local connection

ACCESS

Self-refer or walk-in

020 7641 1000 | out of hours: 0207 286 7412

King's Scholars' Passage, SW1P 1RN — Mon/Tue/Wed/Fri 10:30am–3pm, Thu 1pm–3pm

If you are at risk of homelessness or already homeless, contact this service as soon as possible. Advises on eviction, rough sleeping, domestic abuse, and housing options for singles and families.

*⚠️ You must have recourse to public funds to be eligible for homelessness assistance - but those with NRPF can still access housing advice from local authorities.*

Homelessness advice

Eviction support

Rough sleeping

### RBKC Housing Solutions Team

RBKC

FOR

RBKC residents or those with a local connection

ACCESS

Self-refer or walk-in

0207 361 3008 — Mon to Fri 9am–5pm

[housing@rbkc.gov.uk](mailto:housing@rbkc.gov.uk)

If you are worried about becoming homeless or are already homeless, contact the Housing Solutions Team. They will assess your situation and refer you to the right team.

*⚠️ You must have recourse to public funds to be eligible for homelessness assistance - but those with NRPF can still access housing advice from local authorities.*

Homelessness advice

Eviction support

## Housing services (continued)

## Shelter

National

FOR  
Anyone with a housing problem

ACCESS  
Self-refer

🌐 [england.shelter.org.uk](https://england.shelter.org.uk)

☎ 0808 800 4444 (free) — Mon to Fri 8am–6pm

National housing and homelessness charity offering free advice and legal support. Covers eviction, deposits, disrepair, homelessness applications, and tenants' rights. Online advice always available.

Free helpline

Legal advice

Tenancy rights

## Safer Renting (Cambridge House)

London

FOR  
Private renters with criminal landlords

ACCESS  
Via council referral

🌐 [ch1889.org/safer-renting](https://ch1889.org/safer-renting)

✉ [SaferRenting@ch1889.org](mailto:SaferRenting@ch1889.org)

Specialist advocacy and support for private renters targeted by criminal landlords — illegal eviction, harassment, unlicensed properties, and deposit theft. Experts in private sector housing law.

Illegal eviction support

Criminal landlord advocacy

## LAWA — Latin American Women's Aid

London

FOR  
Latin American and Global Majority Women

ACCESS  
Call or contact online first — appointment needed

🌐 [lawadv.org.uk](https://lawadv.org.uk)

☎ 020 7275 0321 — Mon–Fri 9:30am–1pm and 2–5:30pm

✉ [info@lawadv.org.uk](mailto:info@lawadv.org.uk)

◆ 18 Ashwin Street, London E8 3DL (by appointment)

By and for Latin American women and children fleeing gender-based violence. Provides emergency refuge accommodation, a floating support project for women at risk in their own homes, and immigration legal advice, welfare benefits advice, counselling, and children and family support. Also open to other Black and Global Majority women and their children. Queer and trans women-inclusive. Women with no recourse to public funds are welcome. Contact by phone or online chat before visiting - pre-booked appointments only.

Refuge accommodation

Immigration advice

Trans inclusive

No recourse to public funds

## akt (Albert Kennedy Trust)

National

FOR  
LGBTQ+ young people aged 16–25

ACCESS  
Self-refer

🌐 [akt.org.uk](https://akt.org.uk)

The national LGBTQ+ youth homelessness charity. Supports LGBTQ+ young people aged 16–25 who are homeless, at risk of homelessness, or living in a hostile home environment. They can offer emergency housing, casework, and mental health support.

LGBTQ+ specific

16–25 years

Emergency housing

# Rights & legal help

Know your rights and get practical support. These services can help with legal advice, advocacy, and navigating systems — including for people with insecure immigration status.

[Rights information](#)[Advocacy](#)[Legal advice](#)[Multilingual](#)

## Rights &amp; advocacy

## National Ugly Mugs (NUM)

National

FOR  
All gendersACCESS  
Self-refer

nationaluglymugs.org

NUM lets you report dangerous individuals and receive alerts about people who target sex workers - without going to the police. Provides specialist support from staff and Independent Sexual Violence Advisors (ISVAs) who can help you understand your options and access justice if you choose. Also provides tools to help remove unauthorised online content if your images or content have been shared without consent.

Report without going to police

Danger alerts

Online content removal

## English Collective of Prostitutes (ECP)

National

FOR  
Sex workersACCESS  
Self-refer

prostitutescollective.net

Self-help organisation run by and for sex workers. Campaigns for decriminalisation, safety, and rights. Offers practical information and support, including advice on navigating the law.

Campaigning for decriminalisation

Run by sex workers

## Beyond the Streets

National

FOR  
WomenACCESS  
Self-refer

beyondthestreets.org.uk

National charity providing holistic specialist support for women in the sex industry, including advocacy and access to services. They provide a safe space to explore options for change, and to help plan for the future.

## StreetLight UK

National

FOR  
WomenACCESS  
Self-refer

streetlight.uk.com

Specialist support for women involved in sex work. They offer non-judgemental advice to women on harm reduction and exploring alternative options to exit sex work.

## Sex Workers Union (SWU)

National

FOR  
All sex workersACCESS  
Join via website

sexworkersunionuk.co.uk

The UK's trade union for sex workers. Open to all sex workers regardless of gender and inclusive of all modes of work, including: strippers, escorts, dominatrixes, OnlyFans creators, cam workers, BDSM providers and more. Provides legal protection, workplace representation, individual casework, and advocacy. They have won worker status cases for strippers and compensation for online content creators.

Workplace rights

Legal casework

All types of sex work

## Rights &amp; advocacy (continued)

## SWARM (Sex Worker Advocacy and Rights Movement)

National

FOR  
Sex workers & allies

ACCESS  
Self-refer

🌐 [swarmcollective.org](https://swarmcollective.org)  
✉ [contact@swarmcollective.org](mailto:contact@swarmcollective.org)

Sex worker-led collective campaigning for the rights and safety of everyone who sells sexual services. Organises SWARM Suppers - regular free community meals open to sex workers and allies - as well as skill-shares and mutual support meet-ups.

Regular free community meals

Skill-shares &amp; meet-ups

## Rainbow Migration

National

FOR  
LGBTQI+ people seeking asylum or immigration support

ACCESS  
Self-refer via website form

🌐 [rainbowmigration.org.uk](https://rainbowmigration.org.uk)  
✉ [hello@rainbowmigration.org.uk](mailto:hello@rainbowmigration.org.uk)

Free and confidential specialist legal advice for LGBTQI+ people going through the UK asylum and immigration system. They can help with asylum applications, Home Office interviews, appeals, and partner applications. Also provides peer support groups (men's, women's and trans) and help accessing housing and health services. Not a drop-in - contact by form or email first.

LGBTQI+ asylum support

Free legal advice

Peer support groups

## National Stalking Helpline (Suzy Lamplugh Trust)

National

FOR  
Anyone experiencing stalking or harassment

ACCESS  
Self-refer

🌐 [suzylamplugh.org](https://suzylamplugh.org)  
☎ 0808 802 0300 — Mon to Fri 9:30am–4pm (Wed from 1pm), free

The UK's dedicated stalking helpline. Provides practical information, support, and advice on risk, safety planning, and legislation - including online stalking. Also accepts referrals from professionals. Calls are free to make.

Stalking &amp; harassment

Online stalking

Professional referrals accepted

## Online image abuse &amp; digital safety

## Revenge Porn Helpline

National

FOR  
Adults 18+ in the UK

ACCESS  
Self-refer

🌐 [revengepornhelpline.org.uk](https://revengepornhelpline.org.uk)  
☎ 0345 6000 459 — Mon to Fri 10am–4pm

The UK's only dedicated service for adults experiencing intimate image abuse - including images or videos shared without consent, threats to share content, sextortion, and webcam blackmail. Explicitly sex worker-friendly and non-judgemental. They can help with advice, reporting content to platforms, and removal. Has specific online safety guidance for sex workers. You can also contact by email at any time.

⚠ *The helpline cannot guarantee removal of all content but has strong partnerships with major platforms. Cannot support under-18s.*

Sex worker-friendly

Image removal support

Sextortion &amp; webcam blackmail

# Community & peer support

Connect with others who understand your experience. These organisations are led by or closely connected to sex working communities.

Sex worker-led

Peer-led

Events & meet-ups

Campaigning

## Community & peer support

### LAWRS — Latin American Women's Rights Service

National

FOR  
Latin American migrant women

ACCESS  
Self-refer

LANGUAGES  
Spanish, Portuguese

[lawrs.org.uk](http://lawrs.org.uk)

Free legal advice on welfare benefits, housing, and employment rights for Latin American women. All services in Spanish and Portuguese. See entry on **page 8** for more details.

Spanish &amp; Portuguese

Legal advice on benefits &amp; housing

Free crèche

### English Collective of Prostitutes (ECP)

National

FOR  
Sex workers

ACCESS  
Self-refer

[prostitutescollective.net](http://prostitutescollective.net)

Self-help organisation with a national network of sex workers. Peer support, rights information, and a space to connect with others.

Run by sex workers

### Outside Edge Theatre Company

West London

FOR  
People in recovery

ACCESS  
Self-refer

[outsideedge.org](http://outsideedge.org)

Peer-led creative arts activities for people in recovery from substance misuse. A supportive community with regular creative activities.

Creative arts activities

### Love Tank CIC

National

FOR  
Everyone

ACCESS  
Self-refer

[thelovetank.info](http://thelovetank.info)

Builds community and promotes wellbeing through education, research, events, and design. Produces accessible health and rights information for sex workers and marginalised communities.

Free harm reduction guides

# If you think you are being exploited

If you are being controlled, forced to work, or feel unsafe — this section is for you. You do not need to be certain. Services here can help you understand your situation and access support in confidence.

Confidential support

No police required

Safe accommodation

Legal advice

Translation available

## Exploitation &amp; trafficking support

## Modern Slavery &amp; Exploitation Helpline

National

FOR  
AnyoneACCESS  
Self-refer
 [modernslaveryhelpline.org](https://modernslaveryhelpline.org)
 08000 121 700 (free) — 8am–9pm, 365 days a year

Free confidential helpline run by Unseen UK. Trained advisers help you understand your situation, talk through options, and refer you to support or the police **if you choose**. Translation available. You can also call anonymously.

Free &amp; confidential

Translation available

Can report anonymously

## The Salvation Army

National

FOR  
Survivors of modern slaveryACCESS  
Via NRM referral
 [salvationarmy.org.uk/modern-slavery](https://salvationarmy.org.uk/modern-slavery)
 0800 808 3733 — 24/7 confidential referral helpline

Delivers the government contract supporting survivors of modern slavery through the NRM. Support includes safe accommodation, a dedicated keyworker, financial assistance, and help accessing services.

 *NRM support is accessed via a First Responder (local authority, police). Call the helpline to find out more.*

Safe accommodation

NRM support

Keyworker support

## Adult Social Care — Westminster &amp; RBKC

Westminster &amp; RBKC

FOR  
Adults 18+ at risk or in needACCESS  
Self-refer

◆ Westminster: 020 7641 1000 | RBKC: 020 7361 3013

If you or someone you know is being exploited or controlled, Adult Social Care may carry out a safeguarding assessment and can connect you with support. You can refer yourself.

Safeguarding support

## Caritas Bakhita House

London

FOR  
WomenACCESS  
Via referral
 [caritaswestminster.org.uk/bakhita-house.php](https://caritaswestminster.org.uk/bakhita-house.php)
 020 7931 6045

 [bakhitahouse@rcdow.org.uk](mailto:bakhitahouse@rcdow.org.uk)

Safehouse accommodation for female victims and survivors of modern slavery. Women with no recourse to public funds are welcome, as are those not entering the NRM.

Safe accommodation

No recourse to public funds welcome

Women only

## Exploitation &amp; trafficking support (continued)

## The Passage - Modern Slavery Service

Westminster

FOR  
Single adults 18+ experiencing or at risk of homelessness

ACCESS  
Drop-in or call

🌐 [passage.org.uk](https://passage.org.uk)

☎ 020 7592 1850 — Mon to Fri 9am–3:30pm

◆ St Vincent's Centre, Carlisle Place, London SW1P 1NL — Mon to Fri 9am–12pm and 1–3:30pm

The Passage Modern Slavery Support Service provides specialist, holistic support to survivors of modern slavery - including those who have experienced sexual exploitation - who are homeless or at risk of homelessness. Based in Westminster, they offer one-to-one key worker support, NRM referrals, emergency accommodation, and mental health and legal signposting.

Housing advice

Rough sleeping

Modern slavery support

## Ella's Home

London

FOR  
Women

ACCESS  
Via referral

🌐 [ellas.org.uk](https://ellas.org.uk)

✉ [referrals@ellas.org.uk](mailto:referrals@ellas.org.uk)

Accommodation for female victims and survivors of modern slavery as well as floating support. Those not entering the NRM are welcome.

Safe accommodation

Women only

## Daria House (nia)

London

FOR  
Women only

ACCESS  
Via referral

🌐 [niaendingviolence.org.uk](https://niaendingviolence.org.uk)

☎ 07884 886901

A refuge for women who have been sexually exploited, with a particular focus on supporting women exploited through the sex industry.

Refuge accommodation

Specialist exploitation support

Women only

## Emma Project (nia)

London

FOR  
Women only

ACCESS  
Via referral

🌐 [niaendingviolence.org.uk](https://niaendingviolence.org.uk)

☎ 07590 712872

A refuge and outreach service for women who have experienced domestic and sexual violence, including those exploited in the sex industry who also use substances.

Refuge &amp; outreach

Substance use support

Women only

# Glossary — what the terms mean

<b>ISVA</b>	Independent Sexual Violence Advisor - someone who supports you if you have experienced sexual violence, helps you understand your options, and can go with you to appointments or court.
<b>IDVA</b>	Independent Domestic Violence Advisor - similar to an ISVA but specifically for domestic abuse situations.
<b>VAWG</b>	Violence Against Women and Girls - this is a term used to describe various forms of violence and abuse that disproportionately affect women and girls.
<b>Self-refer</b>	You can contact the service yourself without needing a doctor, social worker, or other professional to refer you.
<b>Drop-in</b>	You can attend without an appointment.
<b>Chemsex</b>	Using drugs (often mephedrone, GHB/GBL, or crystal meth) in connection with sex. Specialist support is available without judgement.
<b>NRM</b>	National Referral Mechanism — the official UK process for identifying and supporting victims of modern slavery and trafficking. Being referred can unlock specialist support, accommodation and legal advice. You can still get help from many organisations without entering the NRM.
<b>NRPF</b>	No Recourse to Public Funds — A condition attached to some immigration visas that prevents a person from accessing most publicly funded benefits, housing, and social care. NHS charging rules for people with NRPF are complex and depend on immigration status and the type of treatment needed. <b>Sexual health services, GP registration and emergency treatment</b> are free to everyone. Organisations marked in this directory as having immigration support can advise further. Also follow this link for more information: <a href="https://www.nrpfnetwork.org.uk/information-and-resources/rights-and-entitlements/support-options-for-people-with-nrpf">https://www.nrpfnetwork.org.uk/information-and-resources/rights-and-entitlements/support-options-for-people-with-nrpf</a>
<b>HIV PrEP</b>	Pre-Exposure Prophylaxis — A medication taken by HIV-negative people to prevent getting HIV. When taken correctly, it is highly effective. PrEP is available free on the NHS at sexual health clinics — you do not need a GP referral. It is particularly relevant for people whose work involves a higher risk of HIV exposure.
<b>HIV PEP</b>	Post-Exposure Prophylaxis — An emergency medication that can prevent HIV infection after a potential exposure - for example after unprotected sex or a needlestick injury. It must be started as soon as possible and no later than 72 hours after exposure. PEP is available free from sexual health clinics, A&E departments, and some HIV clinics. If you think you need PEP outside of clinic hours, go to your nearest A&E.
<b>Revenge Porn</b>	Sharing, or threatening to share, private sexual images or videos of someone without their consent - including digitally altered or AI-generated images. It is a criminal offence in England and Wales regardless of how the images were originally obtained or shared. This includes images taken consensually during a relationship. You can report to the police, or contact the Revenge Porn Helpline for free confidential support and help removing images: <a href="https://revengepornhelpline.org.uk">revengepornhelpline.org.uk</a> · 0345 6000 459 (Mon–Fri 10am–4pm).

## About this directory

Listings may change - always check online or directly with a service before visiting. If there is content in this directory that you know is incorrect or out of date, or any services that you think should be included, please contact: [communitysafety@westminster.gov.uk](mailto:communitysafety@westminster.gov.uk)

If you need this directory in another language or format, please get in touch using the contact details above and we will do our best.