

LGBTQ+ Services for People in Westminster

Westminster HHCP – updated June 2023

This document aims to provide staff and service users with information on the services available for LGBTQ+ people in Westminster. This document can be downloaded from www.groundswell.org.uk/westminster-hhcp/hhealth-directories.

House Proud is a network/forum for LGBTQ+ staff working in the Housing Sector. More details at: <https://www.houseproud-lgbt.com/about-us>

Service	Details	Contact/referral details
56 Dean Street	<p>56 Dean Street is a clinic that offers sexual health appointments.</p> <p>Appointments are available for:</p> <ul style="list-style-type: none">P.R.E.P. taken before sex<u>P.E.P.</u> (treatment taken for 28 days to prevent HIV Infection after exposure)Emergency ContraceptionIf you are 19 or underEmergency Appointments (reserved for people with urgent problems (e.g., genital blisters, penile discharge or a partner has told you that they have gonorrhoea, chlamydia, syphilis or LGV). Chemsex support	<p>Visit https://dean.st/tools/appointment-tool/ to find out whether an appointment is needed.</p> <p>Call 56 Dean Street on 020 3315 5656 for an appointment.</p> <p>Opening times Monday-Thursday 8am-3.30pm (except Weds 12-7pm), Friday 9am-4.30pm, Saturday 11am-3.30pm.</p> <p>Address: 56 Dean Street, Soho, W1D 6AQ.</p> <p>Website: http://dean.st/56deanstreet/</p>
Albert Kennedy Trust (for younger people).	<p>Albert Kennedy Trust supports LGBTQ+ young people aged 16-25 in the UK who are facing or experiencing homelessness or living in a hostile environment.</p>	<p>General enquiries: 020 7831 6562, 10am - 4:30pm Mon-Fri.</p> <p>Website: https://www.akt.org.uk/</p> <p>To self-refer visit https://www.tfaforms.com/4680950</p>



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	We support young people into safe homes and employment, education, or training, in a welcoming and open environment that celebrates lgbtq+ identities.	
Antidote Drug and Alcohol Support	Antidote is one of the UK's only LGBT run and targeted drug and alcohol support service. Set up in 2002, we work with both drug and alcohol users and healthcare professionals. We are here to give non-judgemental free advice and support delivered by highly trained staff and volunteers – all of whom identify as LGBT, and who have a good understanding of the pressures and problems that come with recreational drug or alcohol use. Chemsex support.	Contact us on 020 7833 1674 (10am-6pm, Monday to Friday). Ask for someone from the Antidote Team. Website: https://londonfriend.org.uk/antidote/
Beaumont Society	The Beaumont Society is a national self-help body run by and for the transgender community.	Anyone can become a member for a cost of £35 a year. Membership provides access to their forum, digital content, news and event pages. Website: https://www.beaumontsociety.org.uk/
Brook	Sexual health and wellbeing for young people under 25. Brook Euston is the nearest service. <ul style="list-style-type: none"> • Contraception • Emergency contraception • Condoms • STI testing and treatment • Pregnancy testing and advice • Abortion referrals • HIV support and PEP • Sexual health advice and information • Sexual assault help and support 	Brook Euston: https://www.brook.org.uk/service/brook-euston/ 92-94 Chalton Street, London, Greater London, NW1 1HJ Contact number: 020 7387 8700



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	<ul style="list-style-type: none"> • Counselling and mental health support • Substance use support 	
Elop	Elop is a holistic lesbian and gay centre in East London, that offers a range of social, emotional and support services to LGBT communities, and our core services include counselling and young people's services. We can also offer training and consultancy for fellow professionals and those seeking to enhance their understanding of issues facing LGBT communities.	Telephone: 020 8509 3898 Email: info@elop.org Website: http://www.elop.org/
Galop	Galop provides Hate Crime, Domestic Abuse and Sexual Violence support services to Lesbian, Gay, Bisexual and Trans + victims/survivors by telephone, email, text, and WhatsApp.	Contact: 0800 999 5428 Monday-Friday 10am-5pm, Wednesday & Thursday 10am-8pm Email: help@galop.org.uk Website: http://www.galop.org.uk/
Gendered Intelligence	<p>Gendered Intelligence work with the trans community and those who impact on trans lives; they particularly specialise in supporting young trans people <u>under the age of 21</u>.</p> <p>Gendered Intelligence deliver trans youth programmes, support for parents and carers, professional development and trans awareness training for all sectors.</p> <p>Regular group sessions in London, Bristol and Leeds for young trans people up to the age of 21, residentials, peer support for parents and carers and special projects.</p>	Contact: 0207 832 5848 Website: http://genderedintelligence.co.uk/ Support line for information / emotional support while waiting for gender affirmative healthcare: 0330 3559 678
Helplines	LGBT Switchboard LGBT Helpline (open 10am-10pm everyday)	0800 0119 100



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	<p>LGBT Foundation advice and information (weekdays 9am-9pm)</p> <p>Mermaids (young people 9am-9pm weekdays)</p> <p>Galop Helplines (open various times: https://galop.org.uk/get-help/helplines/)</p>	<p>0345 3 30 30 30</p> <p>0808 801 0400</p> <p>0800 999 5428</p>
Inclusive places of faith	<ul style="list-style-type: none"> • Inclusive Mosque Initiative • IMAAN – Muslims • JGLG – Jewish • Hidayah – Muslim • LQM – London Queer Muslims • House of Rainbow – Black African Caribbean • St. Anne’s Church, Soho – Christian 	<ul style="list-style-type: none"> • https://inclusivemosque.org • https://imaanlondon.wordpress.com • http://www.jglg.org.uk/ • www.hidayahlgbt.com • www.Londonqueermuslims.com • www.houseofrainbow.org • https://www.stannes-soho.org.uk
London Friend	London Friend is a LGBT charity offering counselling and support (via groups and volunteering). They promote personal growth and self-confidence.	Contact: 020 7833 1674 Website: https://londonfriend.org.uk/about/
Mermaids	Support for LGBT young people (up to 20 years of age). Support includes a helpline; crisis support and an online community.	Helpline: 0808 801 0400 (Monday-Friday 9am to 9pm). Email: info@mermaidsuk.org.uk Free 24/7 crisis support via text 85258
Micro Rainbow	Micro Rainbow provides safe homes for LGBT asylum seekers. It also provides social inclusion events.	Email: info@microrainbow.org , email social@microrainbow.org to get involved in groups Website: https://microrainbow.org/
Opening Doors London	Membership organisation for LGBT+ people aged 50 and over. Membership is free. They run groups, activities and befriending.	Phone: 020 7183 6260 Website: https://www.openingdoorslondon.org.uk/



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Press for Change	Transgender Law advice.	Contact: 08448 708 165 (9:30am to 5pm, Thursdays guaranteed answer , Mon to Weds 10am to 4.30pm when volunteers are available. Email: office@pfc.org.uk Website: http://www.pfc.org.uk/contactus.html
Quest	Quest is an organisation providing pastoral support for LGBT+ Catholics. They run an annual conference, spiritual retreats and regional support groups.	Website: https://questlgbti.uk/about/
SASH	SASH provides support around sexual health and wellbeing, including relationships, contraception and STI diagnoses. Chemsex support.	Website: https://www.sashlondon.org/home
Sex workers support	What support is out there for LGBTQ+ sex workers? <ul style="list-style-type: none"> • SASH – see this document • Galop – see this document • Survivors UK – see this document • SWARM - sex worker led collective • English Collective of Prostitutes • NUM - National Ugly Mugs – alerts for sex workers • SNAP – Support network for Adult Professionals • XTalk – Weekly drop in Wednesday 11am-3pm, E1 	<ul style="list-style-type: none"> • https://www.swarmcollective.org/ • https://prostitutescollective.net/ • https://nationaluglymugs.org/ • https://snaptogogether.co.uk/ • https://www.xtalkproject.net/
Sexual Health London	Sexual Health London - Sexual Health London is an <u>online sexual health service</u> for people who want a straightforward and convenient test for sexually transmitted infections	Register at: https://www.shl.uk/ and a pack will be sent out for you so you can take your own samples (finger prick test and swab needed).
Spectra	Spectra is London based and provides peer led support including a youth service (providing counselling/ mentoring) and trans service (providing social groups/ counselling), and HIV and STI testing.	Website: https://spectra-london.org.uk/ Email: info@spectra-london.org.uk
Stonewall	Stonewall provides signposting for the LGBT + community.	Email: info@stonewall.org.uk



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		Website: https://www.stonewall.org.uk/contact-us
Survivors UK	Survivors UK provides a national online helpline, individual and group counselling for boys, men and non-binary people aged 13+ who have experienced sexual violence at any time in their lives.	Website: https://www.survivorsuk.org/about-us/#section-1 Helpline: open 12-8pm online chat
The Outside Project	<p>The Outside Project's LGBTIQ+ Centre is available for people to use with daily activities. It is a sober space inside, but people under the influence are welcome to attend activities as long as they can participate.</p> <p>The Outside Project also runs a 7 bed Star refuge for LGBTI+ individuals suffering domestic abuse for up to 3 month stay (https://lgbtiqoutside.org/refuge)</p> <p>Outreach in Westminster for LGBTIQ+ experiencing rough sleeping is provided by Outside In – providing identity responsive support, signposting, health and practical support. They can work with people in accommodation or experiencing homelessness.</p> <p>The Outside Project also provides a Winter London night shelter for LGBTI+ individuals.</p>	<p>Address: Unit 1, 52 Lant Street, London, SE1 1RB. Nearest tube: Borough.</p> <p>Email maari@lgbtiqoutside.org or drop into the day centre to discuss (address above).</p> <p>To refer a client to this service email outreach@lgbtiqoutside.org.</p>
Tee total LGBTQ+ spaces	<p>Colours Hoxton</p> <p>This new bar hosts a monthly LGBTQ+ sober mixer. More details at colourshoxton.com</p>	

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	<p>CYOA</p> <p>‘A sober queer & LGBT dance party’ that has been running for past six years. Check out @cyoa_ldn on Twitter.</p> <p>The Gay Sober Group</p> <p>A social group for gay men who are sober and do not use drugs. meetup.com/The-Gay-Sober</p> <p>Misery</p> <p>Occasional sober party and mental health safe space aimed primarily at queer and trans people of colour. Check @miseryparty on Instagram for more info.</p> <p>Queers without Beers</p> <p>Check out the Queers-Without-Beers group on Meetup.com for full details of upcoming events. Clubsoda.com also has listings of bars in London that offer the widest range of alcohol-free options.</p> <p>Will You Be There Darling?</p> <p>Probably London’s biggest MeetUp group for gay men looking to make new friends and for socializing opportunities, with several events not in bars. More details at meetup.com/WYBTD-Will-You-Be-There-Darling</p>	



Service	Details	Contact/referral details
UK Lesbian and Gay Immigration Group	The UKLGIG supports lesbian, gay, bisexual, trans, queer or intersex (LGBTQI+) people through the asylum and immigration system. They provide psychosocial and emotional support for LGBTQI+ people seeking asylum to help improve their confidence and provide legal information and advice.	Phone: 020 7922 7811 (9-5pm Monday-Friday) Email: admin@uklgig.org.uk Website: https://uklgig.org.uk/

Useful links:

Centre for Homelessness Impact's report – [Sexuality, gender identity and homelessness](#)

Homeless Links LGBTIQ+ toolkit: <https://www.homeless.org.uk/sites/default/files/site-attachments/Supporting%20LGBTIQ%2B%20people%20in%20homelessness%20services%20June2020.pdf>

NHS Confederation – [Health and Care LGBTQ+ Inclusion Framework](#) - A practical framework enabling health and care leaders to create inclusive environments for LGBTQ+ staff and service users.

Transgender books: <https://www.beaumontsociety.org.uk/transgender-books.html>

Information and advice on laws that affect LGBT people <https://www.stonewall.org.uk/criminal-law>

