



Company number: 4151312

Charity number: 1089987

Groundswell Network Support UK

(Operating as Groundswell)

Report and financial statements

For the year ended 31 March 2023

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Reference and administrative information

Company number	4151312
Charity number	1089987
Registered office and operational address	Canterbury Court, Unit CC3.44, 1-3 Brixton Road, London SW9 6DE
Country of registration	England & Wales
Country of incorporation	United Kingdom
Trustees	<p>Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:</p> <ul style="list-style-type: none"> - Rob Frier - Elizabeth Kirby - Louisa McDonald - Tony McKenzie (<i>resigned September 2023</i>) - Gina Rowlands (<i>resigned February 2023 to become Interim CEO, reappointed to Board June 2023 and became Chair August 2023</i>) - Dr Alistair Story - Jenny Travassos (<i>became Treasurer May 2023</i>) - Steve Wyler OBE, Treasurer (<i>resigned as Treasurer and became Interim Chair May – August 2023</i>) - Jenny Yates, Chair (<i>resigned as Chair May 2023, remains on Board</i>)

Key management personnel	<ul style="list-style-type: none"> - Kate Bowgett, Services Director - Rachel Brennan, Participation & Progression Director (<i>joined Groundswell 2019, appointed as Director March 2023</i>) - Michael Chandler, CEO (<i>appointed June 2023</i>) - Lucy Holmes, Creating Change Director - Katie Langford, Director of People & Progression (<i>resigned May 2022</i>) - Steven Platts, CEO (<i>resigned February 2023</i>) - Gina Rowlands, Interim CEO (<i>appointed February 2023, resigned June 2023</i>) - Becky Tansley, Fundraising & Communications Director
Bankers	<p>Unity Trust Bank 4 Oozells Square Birmingham B1 2HB</p> <p>CAF Bank Ltd. 25 Kings Hill Avenue West Malling Kent ME19 4JQ</p>
Solicitors	Bates Wells & Braithwaite Cheapside House 138 Cheapside London EC2V 6BB
Independent Auditor	Sayer Vincent LLP Chartered Accountants and Statutory Auditor Invicta House 108-114 Golden Lane LONDON EC1Y 0TL
Accountants	ExcluServ Limited 133 Deepcut Bridge Road Camberley, Surrey, GU16 6SD

Trustees' annual report

Chairs welcome

Groundswell is a forward-thinking dynamic organisation, brave in its outlook and ambition and never afraid to advocate for our community in challenging socio-economics times. We have a talented and committed workforce, with progression and participation at the centre. This year Groundswell has received recognition from the highest level, with our ListenUp! project being featured on prime-time TV through BBC's Red Nose Day, involving a podcast with Prince William and two community reporters attracting new supporters and audiences.

Since the financial year March 2023 ended, we have seen the appointment of a new CEO, Michael Chandler, who brings a wealth of experience to Groundswell with new ideas and a refreshing approach. In addition, Groundswell has a strong Governance framework and motivated Trustees from a range of backgrounds. Rob Frier is Chair of the People Committee and Jenny Travassos recently became Treasurer, chairing our Finance Committee.

I am honoured to have been appointed Chair in August 2023 and look forward to supporting Michael, the Trustees, wider staff and volunteer team to develop a new organisation strategy which has equality, diversity, inclusion and belonging as its core. This strategy will be launched in May 2024, demonstrating our vision for the future.

Groundswell will continue to campaign, for however long it takes for people experiencing homelessness and to give them a voice. They deserved to be heard, listened to and ultimately be able to regain their rightful place, participating in society.

Gina Rowlands, Chair of Trustees.

Vision, mission and core beliefs

Our vision is of an equal and inclusive society, where the solutions to homelessness come from the people with experience of homelessness.

Our mission - Groundswell exists to enable people who have experience of homelessness to create solutions and move themselves out of homelessness – to the benefit of our whole society.

Our core beliefs

1. The whole community benefits when we effectively tackle homelessness and social exclusion.
2. We believe in people. People are society's most valuable resource, and everyone has the capacity to make a contribution.
3. There is no "them" and "us" – only us. Groundswell brings everyone together to create genuine solutions to homelessness.
4. Participation works. Supporting people to participate creates more effective services and policy – and crucially enables people to move out of homelessness.

We aim to address these issues through the delivery of our [‘Participation Works’ three-year strategy](#). The strategy has three connected strands: progression, good health and creating change.

In all areas we are strongly committed to partnership working wherever this more effectively provides impact.

Activities and achievements

Here we outline the three key strategic areas in the [Groundswell Strategy for 2020-23](#): Progression, Good Health and Creating Change. The key activities in each strand are summarised and the impact they had on people’s lives.

1. Creating Change

Our Creating Change team harness the insights and experiences of people with experience of homelessness through peer research and provide the platforms and campaigns to elevate these to influence change in policy and practice. This work has a specific focus on national programmes and partnerships to develop inclusive health systems, founded on the participation of people with lived experience.

1.1. *Listen Up!*

This year our Comic Relief funded Listen Up! project worked with **22** volunteer community reporters, training them to use written, visual and audio means to share their stories and the experiences of others on the [Listen Up! Hub](#). The Listen Up! team have been out conducting research and combining findings with the community reporting to develop recommendations and suggestions for decision makers.

Key highlights from the year:

- Creating a new animation called [‘Do You Feel Heard?’](#) featuring stories from three community reporters with our partners On Our Radar in November 2022
- Hosting a webinar and [short report](#) in November 2022 to share our findings from reporting and research into mental health and homelessness with key stakeholders and decision makers.
- Launching a [podcast series](#) around the theme of ‘recovery’ in February 2023.
- Being included in the [Comic Relief Red Nose Day TV programme](#) in March 2023 and producing an [exclusive ListenUp! podcast](#) of Prince William in conversation with reporters Miles and Nawshin.



Image credit: Comic Relief – Daniel Loveday

“These stories are so powerful, so inspirational, we should be hearing more of them, we should be seeing more of them, we should be encouraged that there are wonderful people out there and organisations like Groundswell, doing incredible work to help and elevate and put people back on the path that they need. Because many of the people can help themselves like you [Miles and Nawshin] said, but they just need a couple of pointers...just to help them on their way.” - Prince William.

- A selection of community reports from the Listen Up! Hub:
 - [Freedom To Work on Myself](#), by Tess
 - [My Struggle With Technology](#), by Anonymous
 - [Karen Reports: Made in Manchester](#), by Karen

1.2. #HealthNow

Thanks to support from the National Lottery Community Fund, our 4-year [#HealthNow project](#) is continuing to work towards an inclusive health system that works for everyone, and ultimately helps people move out of homelessness. Delivered in partnership with national charities Crisis and Shelter, the project involves working across three areas (Birmingham, Newcastle, and Greater Manchester) and forming local alliances to campaign for change.

In 2022-23 our #HealthNow alliances have:

- Worked with the Senior Primary Care Contracting and Commissioning Manager in Birmingham to share experiences of using GP services and make recommendations.
- Delivered training to the Community Mental Health team in Birmingham around homelessness and mental health.
- Collaborated with the Crisis Skylight Centre and GP surgeries in Newcastle to pilot a new approach where GPs offer appointments in the Skylight Centre, providing direct access to a GP for people experiencing homelessness alongside the support of a Homeless Health Peer Advocate.

- Secured funding to deliver HHPA in Salford, building on the strong work by the #HealthNow team in Greater Manchester and their focus on volunteer retention and progression.

In November 2022 we hosted our first **Peer Conference** in Birmingham. Building on the strength of our national Peer Network (see below under Progression & Participation), the conference brought together **75** staff and volunteers from across our #HealthNow regions for a day to celebrate the **‘power of the peer.’** Representatives from each area shared presentations on their work and impact locally.

One #HealthNow volunteer shared: ***“I’ve learned a lot about different experiences today, how people are helping other people, and how that’s impacting them and their lives, and how people have been involved in volunteering, and in the end they’ve got a job, so we can be so proud of that!”***

Another said: ***"#HealthNow means a lot to me. It's changed my world in a way, more confidence, I get to know different kinds of people from different backgrounds. It included me, like I wasn't left out, so it means a lot to me. It means the world to me."***



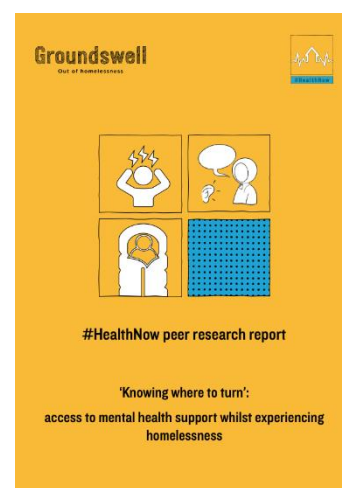
*A visual
representation of the
Peer Conference, by
More than Minutes.*

In September 2022 our updated [#HealthNow literature review](#) highlighted how the world and the experiences of health and homelessness have changed dramatically since the original review in 2020. The main findings to come out of the report were:

- **Proof of address** requirements still present a barrier to registering with GP services.
- Access to dentistry is severely limited for people experiencing homelessness.
- **Digital exclusion** continues to affect people who are homeless.

- The pandemic also led to positive changes. In drug and alcohol services especially, changes in how professionals and patients interacted resulted in improvements in trust.
- **Continuity of care** is extremely important for people experiencing homelessness.
- Dedicated 'inclusion health' and outreach services can promote engagement and reduce feelings of stigma.
- Powerful new evidence **links homelessness to premature death**.

The #HealthNow teams across Newcastle, Birmingham and Greater Manchester published '[Knowing Where to Turn](#)', a research report into access to mental health support while experiencing homelessness. Using data from **80** interviews across the three cities, the research explored the barriers to accessing mental health support and what changes people want to see. The key recommendations to come out of the research included:



- Addressing the stigma around mental health and homelessness.
- Prioritising peer involvement in the design and delivery of mental health services.
- Removing barriers to support for people with drug and alcohol dependency.
- Ensuring people experiencing homelessness always have access to support with their mental health.

1.3. Benefits for Health

Benefits for Health is a Trust for London funded project exploring the connections between welfare benefits, health, and homelessness. In the summer of 2022, the Creating Change team drew the project to a close with a tour of a new play, 'To Whom It May Concern', which was developed using the findings of the Benefits for Health [research report](#).



The play being performed at Union Chapel

Working alongside Cardboard Citizens, we hosted **10** performances across London, performed by a cast with their own experience of homelessness. The play told the story of Diane, a single mum trying to cope with the pressures of claiming benefits, managing her health, and dealing with homelessness. After each performance we hosted a workshop for audiences to discuss their thoughts and commit to actions generated through the messages of the play.

- Play attendees: **32% had experience of homelessness** and **32% had experience of claiming benefits**.
- **100% of volunteers** involved in the play agreed their **confidence had improved** during the project: ***"I felt listened to. I felt that sharing my experience this way would result in it being disseminated wider and make even bigger difference."***
- **94%** of audience members said they had **increased empathy** for the people facing the challenges of health and welfare systems whilst homeless.
- **94%** of audience members said they felt **motivated to create change** following the play and workshop.

"I learned that each chance at interaction with someone can be an intervention. There were so many opportunities for Diane's story to have ended differently and for the support she needed to have been offered." – play attendee.

2. Progression & Participation

Groundswell's team of staff and volunteers include a diverse range of skills and experiences – we believe that everyone should have a chance to contribute and be part of creating solutions to homelessness. In March 2023 after a small restructure, this new team united under a Participation & Progression Director. Together they are exploring new ways for people with experience of homelessness to participate in a range of opportunities and activities, influencing change and gaining new skills as part of their journey out of homelessness.

2.1. Participation

The Participation team lead on running Groundswell's national Peer Network – a space for people to connect and collaborate, take control of their own health and wellbeing, and advocate for change in healthcare systems. The Peer Network currently has around **80** members from right across England.

Some of the work the Peer Network have inputted on this year include:

- Developing health promotion resources for people experiencing homelessness, including advice on suicide prevention.
- Analysing the impact of Temporary Accommodation on health for a research project.
- Participating in a mental health and homelessness research study.
- Workshopping how to incentivise uptake of vaccines and booster jabs among people experiencing homelessness.
- Participating in an advisory group on health inequalities in primary care
- Consulting on barriers to GP registration for people experiencing homelessness.
- Contributing to a training advisory group and assisting with developing training
- Sharing insight on palliative care for people experiencing homelessness.
- Participating in a focus group on the health impact of the government's 'Everyone In' initiative during the Covid-19 pandemic.

2.2. Progression

This year our team of three Progression Coaches have supported people with experience of homelessness, health issues, addiction, and trauma, to thrive in their roles at Groundswell and continue to succeed out of homelessness.

Case study: Joanne and Joshua (names have been changed)

Recently the Progression team introduced a new volunteer Peer Mentor role to take on some of the work of the team. Joanne is a well-established Homeless Health Peer Advocate volunteer and is no stranger to providing in-depth support that requires tenacity and assertiveness. Over the years she has also received extensive, complex Progression support herself.

Joshua is a Groundswell staff member who was receiving ongoing support from the Progression team around his physical and mental health, accommodation and disability. He was also trying to get his housing provider to refurbish his accommodation. Joanne had previous experience supporting people with similar concerns, and the Progression team felt she would be perfect to help with this issue in her role as a Peer Mentor. Joanne negotiated with the housing provider and contractor, taking the stress and anxiety of the process away from Joshua and allowing him to focus on his day-to-day work.

Joanne also provided advocacy for Joshua at physical health appointments. Joshua has a disability that makes some everyday tasks difficult and meets regularly with a consultant to access ongoing treatment to improve his quality of life. Again, Joanne had some personal experience of these difficulties, and so provided regular support at appointments, offering advice, guidance, and empathy. As a Peer Mentor Joanne excelled at giving Joshua the space he needed to succeed in his job by supporting him with anxieties and obstacles in his personal life.

Reflections from Joshua:

"I am so grateful for all the help I have received. The help has made it easier for me to be able to not worry as Joanne took away all the stress and made it easier for myself. Without the help I would have given up and run the other way."

Reflections from Joanne:

"When I started supporting Joshua, my transition was seamless and at no point did I feel that now I am supporting a paid member of staff and it would be different (to supporting a volunteer). My experience and skills I have acquired as a Homeless Health Peer Advocate, plus the support I received from the Progression team, played a great role in preparing me for the task and in making this transition smooth and fruitful."

"When I initially started volunteering with HHPA as a newbie I shadowed Joshua and learnt from his tenacity, resilience, and compassion. Now I have grown so much so that I have been supporting him as his Peer Mentor - we have come 'full circle'. What a journey!"

3. Good Health

3.1. Homeless Health Peer Advocacy (HHPA)

We continued to deliver [HHPA](#) across the country, helping individuals who are homeless to access healthcare. The service is delivered by volunteer Peer Advocates alongside Caseworkers and Care Navigators, all with experience of homelessness.

In Birmingham, Manchester and Newcastle our partner organisations Crisis and Shelter set up, deliver, and monitor their own HHPA service locally; supported by Groundswell. Our Learning and Development Manager Sharon trained **42** people across these locations to become volunteer Peer Advocates, who are using their lived experience to advocate on behalf of people who are homeless, so they can access the healthcare they need.

3.2. HHPA London

In London our HHPA services team delivered peer advocacy across **12** central London boroughs: Brent, Camden, Ealing, Hackney, Hammersmith & Fulham, Islington, Kensington & Chelsea, Lambeth, Lewisham, Southwark, Tower Hamlets and Westminster.

HHPA London 2022/2023	
1-1 health appointments	4,148
Individual clients supported through 1-1 appointments	435
Number of organisations referring people to HHPA	111

In addition to this activity, Groundswell provide specialist Case Workers or Care Navigators to be based in partner organisations Find and Treat, Great Chapel Street Surgery, North Lewisham PCN and the Lambeth START Team.

3.3. Health promotion

Following the interest in and success of this work on a national scale during the pandemic, we have continued to embed health promotion work across the HHPA service – during the year the team delivered **289** health promotion sessions across services in London. This work is supported by the production of national health promotion resources, thanks to funding from the Mercers' Company.

During the year we were delighted to launch an online '[resources hub](#)' on our website, an area hosting leaflets, podcasts, workbooks, films and posters. People can search for resources based on resource type, topic and audience.

Everyone has the right to good health and to access healthcare. Our resources hub provides accessible information for people experiencing homelessness and those supporting them, so people can make informed decisions about their health and wellbeing.

In this hub you'll find leaflets, posters, films, podcasts and workbooks on a whole range of physical and mental health topics. Use the search function to find information useful to you or the people you support.

Filter resources using the selections below:

Select Type of resource
All Resources

Select Tag
All Tags

Select Audience
All Audiences

Clear All Filters
Reset

In addition, we successfully ran a programme reviewing all existing health resources for people experiencing homelessness; some of these were over seven years old. We engaged **13** health and social care professionals who volunteered their time to review and update content and set up a peer review group to ensure the resources provided accurate, accessible and relevant information. We were proud to launch these **15** updated guides in early 2023 with topics including diabetes, GP services, self-advocacy, sleep and many more.

In addition to these updated resources, working with health professionals and people experiencing homelessness we coproduced a further five resources during the year:

- [Covid-19: why it still matters & what you need to know](#) (available in seven languages).
- [Monkeypox: what it is and how to get support](#).
- [‘You have the right to feel ok’](#) – a guide on mental health and homelessness, made in collaboration with MIND as part of #HealthNow peer research report ‘Knowing where to turn’.
- [‘Top tips for looking after your health this winter’](#) – an update on the 2021 guide, focusing on prevention, flu and covid vaccinations and SWEP provisions.
- [Your right to healthcare](#): short film and accompanying poster of people’s rights to register with a GP.

Groundswell’s resources were downloaded from the website nearly **5,000** times and promoted in sector wide newsletters and digital communication channels.

Financial review

Income

Groundswell's income was £2,338,540 during the year and a 12% increase on the previous year (2022: £2,059,700).

Expenditure, at £2,421,645, was nearly 10% up on the previous year (2022: £2,183,162). This resulted in a deficit of £83,105 for the year (2022: £123,462 deficit).

Reserves

The Trustees, after a careful assessment of the Charity's risks, including those related to covid-19 and cost of living increases, have determined that the reserves policy should be to hold a contingency for unexpected expenditure and to allow time in the event of a sudden cessation of key funding to source alternatives. In the light of this, Groundswell’s reserve target has been adjusted to unrestricted funds in a range equivalent to four to six months of salaries (including salary on costs) plus premises costs, i.e., £601,924 to £902,886.

At 31 March 2023, the total funds carried forward were £751,262 (2022: £834,367) of which £497,003 were unrestricted funds and £254,259 were restricted funds. The figure of £497,003 is below our current target unrestricted reserves range and the 2023/24 budget is working to improve on this figure. The board are satisfied with this plan and feel confident we will be in a stronger position by March 2024. This year our unrestricted reserves decreased. The surplus on our restricted funds is forecast to be spent by March 2024.

Going concern

Despite being below our unrestricted target reserves range, the trustees consider Groundswell to have sufficient free reserves and cashflow to enable the organisation to continue operating for the foreseeable future, looking at least twelve months from when this report is approved. This is based on regular Senior Leadership and Finance Committee meetings reviewing our reserves and cash position supported by close financial management and budget setting. There are no material uncertainties relating to going concern.

Thanks to our supporters, commissioners, and partners

29th May 1961 Charitable Trust, Advent of Change, Alma Jean Henry Charitable Trust, Amnesty International, Big Issue, Bupa Foundation, Cape Project, City of London, City of Westminster, Comic Relief, Crisis, Department of Health and Social Care (DHSC), Digital Lift, East London Foundation Trust, Erasmus+, Fidelity UK Foundation, Find & Treat, Greater London Authority, Grosvenor Chapel, Halcrow Foundation, Harrow Council, Healthwatch England, Homeless Link, Hyde Park Place Estate Charity, Impact on Urban Health, Ipsos Mori UK Ltd, Kings College London, London Borough of Islington, London Borough of Lambeth, London Borough of Southwark, London Councils, Marsh Christian Trust, Manchester Foundation Trust, Marie Curie, Mercers Trust, Mind, National Lottery Community Fund, National Voices, NHS North Central London ICB, NHS England, NHS North Central London ICB, NHS North East and Yorkshire, NHS North West London ICB, NHS South East London ICB, NHS South West London ICB, Oak Foundation, One Health Lewisham, On Our Radar, Pathway, Shelter, Sir James Roll Charitable Trust, Souter Charitable Trust, St Mungo's, Strand Parishes Trust, Swire Charitable Trust, Thames Reach, The Albert Hunt Trust, The Henry Smith Charity, The Young Foundation, Tower Hamlets Council, Transformation Partners in Health and Care, Trust for London, University College Hospitals NHS Foundation Trust, University of Newcastle, Vitol Foundation, Wakefield District Council and the Worshipful Company of Basketmakers.

Principal risks and uncertainties

Groundswell operates a robust risk management and control framework, including the preparation of a detailed annual risk register. Key ongoing and emerging risks are reviewed quarterly by both the Finance Committee and the Senior Leadership Team. Additionally, the Charity operates a thorough system of incident reporting, which is managed by the Senior Leadership Team and overseen by the People Committee.

The Groundswell Trustees fully acknowledge the risk that is inherent in the Charity's work. We take these risks consciously and conscientiously, applying our thorough risk framework to our work - as we believe that empowering people experiencing homelessness to be at the heart of

delivering solutions to homelessness is the most effective way to address the growing societal concern of homelessness.

The principal risks identified by the Board and Senior Leadership Team are: Failure to meet fundraising targets, Future of health services / NHS reform, Increased demand for HHPA not matched by increased funding, Cyber security / Data protection / Fraud, Loss of participatory ethos, Failure to recruit and retain volunteers and staff with experience of homelessness and Safeguarding concerns.

Fundraising policy

To raise £2,338,540, Groundswell spent £132,187, which includes the salary of two full time fundraisers (Director and Manager), 50% of the Chief Executive's time and other associated costs. As a percentage of overall spend, the figure of £132,187 represents 5.5% which is well below the lower end of the 10-15% target range we have set ourselves. We aim to keep our fundraising spend within a range because we recognise that some years we need to invest more than others to produce results in the future.

Groundswell does all fundraising in-house, never using third party commercial fundraisers. We are registered with the Fundraising Regulator and comply with the code of fundraising practice. During the period we did not have any non-compliance issues nor receive any fundraising complaints.

Structure, governance and management

Governance

The management of the Company is the responsibility of the Board Members who are appointed under the terms of the Articles of Association which state that:

"Any person who is willing to act as a Trustee, and who would not be disqualified from acting under the provisions of Article 27, may be appointed to be a Trustee by a decision of the Trustees."

The Board Members perform the role of Directors in company law and of Trustees in charity law. The minimum number of Trustees is four, with a maximum of 12. Those who served during the period are listed on page one.

All Trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 8 to the accounts.

Board Meetings are held quarterly to ensure that the charity is operating effectively and within its aims. Additionally, the Board operates two standing sub-committees: a Finance Committee, which maintains a consistent framework for financial and risk control in Groundswell, and a People Committee, which supports Groundswell to be a healthy, safe and enabling organisation for its staff and Volunteers.

Groundswell commits to having two or more Board members with lived experience of homelessness, during this period four of our trustees met this criteria. The charity has formed a nominations working group to oversee the recruitment of new trustees as necessary. There have been some recent changes to the roles of our Board members, we are incredibly grateful for their

continued support and guidance and are delighted to have Gina Rowlands in the position of Chair of Trustees and Jenny Travassos as Treasurer.

Related parties and relationships with other organisations

In order to deliver its services and research & campaign work Groundswell cooperates with statutory bodies and voluntary sector organisations across the UK. The charity is in partnerships with Crisis and Shelter through the #HealthNow programme funded by the National Lottery Community Fund. The partnerships are defined by formal Collaboration Agreements. During the period one trustee declared related party interests, which are explained in note 8 and 9.

Remuneration policy

Groundswell's Finance & People Committees oversee remuneration, with responsibility for external benchmarking, salary recommendations, recruitment processes and cost of living increases. Groundswell aims to ensure that all staff are appropriately remunerated for their work. We achieve a fair balance which takes into account: the aim of attracting suitably qualified and dedicated staff, the external environment, the organisation's financial position and considerations of our beneficiaries.

Management

Groundswell operates a Senior Leadership Team (SLT) to oversee the successful delivery of activities. The members of that team who served during the year are listed on page 1. The total amount of salary costs associated with this group in 2022-23 was £297,266 (previous year: £281,217), of which £29,148 were Employer National Insurance Contributions and £12,257 pension contributions.

Achievements and performance in the delivery of public benefit

The Groundswell Trustees have taken account of Section 17 (5) of the Charities Act and the Charities (Accounts and Reports) Regulations 2008, which require us to have regard to the guidance on public benefit issued by the Charity Commission when exercising their duties. We state that the activities delivered by Groundswell during 2022-23, described in this report, directly further Groundswell's charitable objects and that these activities have been undertaken for the public benefit.

Statement of responsibilities of trustees

The Trustees (who are also directors of Groundswell Network Support UK for the purposes of company law) are responsible for preparing the report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;

- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- There is no relevant audit information of which the charitable company's auditor is unaware
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. The Trustees have no beneficial interest in the charity.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of such guarantees at 31 March 2023 was 8 (2022:10). The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

Auditor

Sayer Vincent LLP was re-appointed as the charitable company's auditor during the year and has expressed its willingness to continue in that capacity. The trustees' annual report has been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

The trustees' annual report has been approved by the trustees on date and signed on their behalf by:

Jenny Travassos, **Treasurer**

Gina Rowlands, **Chair**

Date:

Date:

Independent Auditor's Report to the members of Groundswell Network Support UK

Opinion

We have audited the financial statements of Groundswell Network Support Limited (the 'charitable company') for the year ended 31 March 2023 which comprise the statement of financial activities, balance sheet, statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- Give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure for the year then ended
- Have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice
- Have been prepared in accordance with the requirements of the Companies Act 2006

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on Groundswell Network Support Limited's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- The information given in the trustees' annual report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- The trustees' annual report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' annual report. We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- Adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- The financial statements are not in agreement with the accounting records and returns; or
- Certain disclosures of trustees' remuneration specified by law are not made; or
- We have not received all the information and explanations we require for our audit; or
- The directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' annual report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities set out in the trustees' annual report, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud are set out below.

Capability of the audit in detecting irregularities

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- We enquired of management, the Finance and Audit Committee, which included obtaining and reviewing supporting documentation, concerning the charity's policies and procedures relating to:
 - Identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non-compliance;
 - Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
 - The internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations.
- We inspected the minutes of meetings of those charged with governance.
- We obtained an understanding of the legal and regulatory framework that the charity operates in, focusing on those laws and regulations that had a material effect on the financial statements or that had a fundamental effect on the operations of the charity from our professional and sector experience.

- We communicated applicable laws and regulations throughout the audit team and remained alert to any indications of non-compliance throughout the audit.
- We reviewed any reports made to regulators.
- We reviewed the financial statement disclosures and tested these to supporting documentation to assess compliance with applicable laws and regulations.
- We performed analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud.
- In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, assessed whether the judgements made in making accounting estimates are indicative of a potential bias and tested significant transactions that are unusual or those outside the normal course of business.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Joanna Pittman (Senior statutory auditor)

Date:

for and on behalf of Sayer Vincent LLP, Statutory Auditor

Invicta House, 108-114 Golden Lane, LONDON, EC1Y 0TL

Groundswell Network Support UK
Statement of Financial Activities (incorporating income and expenditure) for the
year ended 31 March 2023

	Notes	Unrestricted	Restricted	Total Funds	Unrestricted	Restricted	Total Funds
		2023	2023	2023	2022	2022	2022
Income from:		£	£	£			£
Donations and legacies	2	113,656	-	113,656	132,228	-	132,228
Charitable activities:	3						
Creating Change		58,093	746,461	804,554	366,429	443,446	809,875
Good Health		889,995	125,000	1,014,995	678,042	149,027	827,069
Progression		185,795	218,238	404,033	170,000	119,690	289,690
Other trading activities		120	-	120	838	-	838
Investments	4	1,182	-	1,182	-	-	-
Total income		1,248,841	1,089,699	2,338,540	1,347,537	712,163	2,059,700
Expenditure on:							
Raising funds	5	132,187	-	132,187	134,273	-	134,273
Charitable activities	5						
Creating Change		202,266	724,846	927,112	336,152	526,527	862,679
Good Health		878,151	116,755	994,906	692,994	216,562	909,556
Progression		195,455	171,985	367,440	129,268	147,386	276,654
Total expenditure		1,408,059	1,013,586	2,421,645	1,292,687	890,475	2,183,162
Net income/(expenditure)		(159,218)	76,113	(83,105)	54,850	(178,312)	(123,462)
Transfers between funds		13,672	(13,672)	-	-	-	-
Net movement of funds	16	(145,546)	62,441	(83,105)	54,850	(178,312)	(123,462)
Reconciliation of funds							
Total funds brought forward		642,549	191,818	834,367	587,699	370,130	957,829
Total funds carried forward		497,003	254,259	751,262	642,549	191,818	834,367

All recognised gains and losses are included in the above Statement of Financial Activities. All income and expenditure derives from continuing activities.

Groundswell Network Support UK

Balance Sheet as at 31 March 2023

	Notes	2023 £	2022 £
Fixed Assets			
Tangible assets	12	2,835	7,864
Current Assets			
Debtors	13	201,139	216,450
Cash at Bank and in Hand		715,674	765,486
		916,813	981,936
Creditors			
Amounts falling due with one year	14	(168,386)	(155,433)
Net Current Assets		748,427	826,503
Total Assets Less Current Liabilities		751,262	834,367
Funds			
Restricted	16	254,259	191,818
Unrestricted	16	497,003	642,549
Total Funds		751,262	834,367

Approved by the trustees on _____ and signed on their behalf by:

Gina Rowlands
Chair

Jenny Travassos
Treasurer

The notes on pages 25-40 form part of these financial statement

Groundswell Network Support UK

Statement of Cash Flow as at 31 March 2023

	2023	2022
	£	£
Cash Flows From Operating Activities:		
Net cash provided by (used in) operating activities	(45,635)	(373,121)
Cash Flows From Investing Activities:		
Dividends, interest and rents from investments	-	-
Purchase of fixed assets	(4,177)	(1,041)
Net cash provided by (used in) investing activities	(4,177)	(1,041)
Change in cash and cash equivalents in the reporting period	(49,812)	(374,162)
Cash and cash equivalents at the beginning of the reporting period	765,486	1,139,648
Cash and cash equivalents at 31 March 2023	715,674	765,486

Analysis of Cash and Cash Equivalents

	2022	2021
	£	£
Cash in hand and at bank	715,674	765,486
Total cash and cash equivalents	715,674	765,486

Reconciliation of net income/(expenditure) to net cash flow from operating activities

	2023	2022
	£	£
Net income/(expenditure) for the reporting period (as per the statement of financial activities)	(83,105)	(123,462)
Depreciation charges	8,126	6,966
Loss on disposal of fixed assets	1,080	571
Decrease/(Increase) in debtors	15,311	(49,938)
Increase/(decrease) in creditors	12,953	(207,258)
Net cash flow from operating activities	(45,635)	(373,121)



Notes to the financial statements at 31 March 2023

1) Accounting Policies

a) Statutory information

Groundswell Network Support UK is a charitable company limited by guarantee and is incorporated in England and Wales.

The registered office address is Canterbury Court, 1-3 Brixton Road, London, SW9 6DE.

b) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) - (Charities SORP FRS 102), The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

In applying the financial reporting framework, the trustees have made a number of subjective judgements, for example in respect of significant accounting estimates. Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The nature of the estimation means the actual outcomes could differ from those estimates. Any significant estimates and judgements affecting these financial statements are detailed within the relevant accounting policy below.

c) Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS 102.

d) Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. Groundswell ended the financial year in a strong position, whilst this may be below our current unrestricted reserves target, there are good levels of secured income and a strong fundraising pipeline for the financial year 2023-24. Groundswell are actively working to improve our reserves position as explained in the trustees report on page 14.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

e) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

f) Donations of gifts, services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

g) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

h) Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

i) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of delivering services and conducting research undertaken to further the purposes of the charity and their associated support costs
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

j) Allocation of support costs

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

Where information about the aims, objectives and projects of the charity is provided to potential beneficiaries, the costs associated with this publicity are allocated to charitable expenditure.

Support and governance costs are re-allocated to each of the activities on the following basis which is an estimate, based on staff time, of the amount attributable to each activity

- Fundraising 7%
- Creating Change 28%
- Good Health 48%
- Progression 17%

Governance costs are the costs associated with the governance arrangements of the charity. These costs are associated with constitutional and statutory requirements and include any costs associated with the strategic management of the charity's activities.

k) Operating leases

Rental charges are charged on a straight-line basis over the term of the lease.

l) Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £500.

Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- Computer Equipment 4 years
- Furniture, fixtures and fittings 4 years

m) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

n) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

o) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated

reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

p) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

q) Pensions

The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

2) Donations and legacies

	2023 Total	2022 Total
	£	£
Gift aid	2,121	8,361
Personal donations	16,942	50,656
Donations from foundations, trusts and other corporate bodies	94,593	73,211
	113,656	132,228

All income from donations and legacies for the current and prior year was attributable to unrestricted income.

3) Income from charitable activities

	Unrestricted	Restricted	Total 2023	Unrestricted	Restricted	Total 2022
Creating Change	£	£	£	£	£	£
Amnesty International Limited	570	-	570	600	-	600
Bevan Healthcare CIC	-	-	-	34,422	-	34,422
Birkbeck University	-	-	-	333	-	333
Charity Projects	-	96,322	96,322	-	-	-
City Of London	32,000	-	32,000	1,000	-	1,000
City of Westminster	-	-	-	2,778	-	2,778
Comic Relief	-	102,617	102,617	107,718	-	107,718
Greater London Authority	-	-	-	7,520	-	7,520
Crisis Birmingham	-	-	-	2,545	-	2,545
Crisis Newcastle	-	-	-	2,240	-	2,240
Fulfilling Lives - LSL	-	-	-	57,985	-	57,985
Healthwatch England	-	-	-	1,308	-	1,308
Homeless Link	-	-	-	32,550	-	32,550
ICM Manchester	-	-	-	600	-	600
I Modszertani Szoc.Kp.Es Intezm.	-	8,764	8,764	-	-	-
Impact on Urban Health	-	3,321	3,321	3,321	-	3,321
Ipsos Mori UK Ltd	2,976	-	2,976	-	-	-
King's College London	7,505	-	7,505	-	-	-
London Councils	3,356	-	3,356	-	-	-
Manchester Foundation Trust (HInM)	-	-	-	6,176	-	6,176
Manchester University NHS Foundation Trust	2,492	-	2,492	-	-	-
Royal College of Obstetricians and Gynaecologists	-	-	-	450	-	450
National Lottery Community Fund	-	476,622	476,622	-	413,612	413,612
National Voices	-	-	-	10,000	-	10,000
NEL CSU	-	-	-	24,999	-	24,999
NHS North East London CCG	-	-	-	22,084	-	22,084
NHS South West London CCG	-	-	-	9,947	-	9,947
NHS Wakefield CCG	-	-	-	18,900	-	18,900
On our RADAR Ltd.	-	1,194	1,194	-	-	-
Sheffield Hallam University	-	-	-	236	-	236
Shelter Greater Manchester	-	-	-	2,562	-	2,562
The University of Manchester	-	-	-	16,155	-	16,155
The Young Foundation	-	8,000	8,000	-	-	-
Trust for London	-	49,621	49,621	-	20,000	20,000
University of Newcastle	9,194	-	9,194	-	-	-
Wellcome Trust (The)	-	-	-	-	9,834	9,834
Charitable income for Creating Change	58,093	746,461	804,554	366,429	443,446	809,875

Good Health

Bupa Foundation	-	50,000	50,000	-	-	-
Camden Giving	-	-	-	-	30,512	30,512
City of Westminster	78,628	-	78,628	112,547	-	112,547
Claremont Communications	-	-	-	300	-	300
Crisis UK	-	-	-	7,876	-	7,876
Direct Relief	-	-	-	-	21,515	21,515
East London Foundation Trust (RKW)	-	-	-	69,975	-	69,975
East London NHS FT	69,975	-	69,975	-	-	-
Greater London Authority	-	50,000	50,000	-	50,000	50,000
London Borough of Lambeth	106,491	-	106,491	70,000	-	70,000
London Borough of Islington, The	70,000	-	70,000	69,774	-	69,774
London Borough of Southwark	52,963	-	52,963	-	-	-
Mercers Trustee	-	25,000	25,000	-	-	-
NEL CSU	-	-	-	-	5,000	5,000
NHS Central London CCG	-	-	-	116,000	-	116,000
NHS England	34,969	-	34,969	38,946	-	38,946
NHS Greenwich CCG	-	-	-	19,000	-	19,000
NHS North Central London CCG	-	-	-	40,000	-	40,000
NHS North Central London ICB QMJ	-	-	-	-	-	-
Payables N155	60,000	-	60,000	-	-	-
NHS North West London CCG	-	-	-	42,421	-	42,421
NHS North West London ICB	222,717	-	222,717	-	-	-
NHS South East London CCG	-	-	-	43,703	-	43,703
NHS South East London ICB	35,096	-	35,096	-	-	-
One Health Lewisham NLPCN	17,622	-	17,622	-	-	-
South East London Integrated Care Board (Lewisham)	1,585	-	1,585	-	-	-
St Mungos	-	-	-	47,500	-	47,500
St Mungos Regional Head- Hounslow and Hammersmith and Fulham	40,000	-	40,000	-	-	-
Thames Reach Homeless Charity	44,913	-	44,913	-	-	-
University College Hospitals NHS Foundation Trust	55,036	-	55,036	-	42,000	42,000
Charitable income for Good Health	889,995	125,000	1,014,995	678,042	149,027	827,069

Progression

Alma Jean Henry Charitable Trust	1,000	-	1,000	-	-	-
Big Issue	375	-	375	-	-	-
Cape Project	1,050	-	1,050	-	-	-
City Of London	-	-	-	-	31,500	31,500

City of Westminster	24,292	-	24,292	-	-	-
Crisis Newcastle	1,700	-	1,700	-	-	-
Crisis Skylight Birmingham	2,698	-	2,698	-	-	-
Department of Health and Social Care	1,750	-	1,750	-	-	-
Sir James Roll Charitable Trust	1,250	-	1,250	-	-	-
Drapers' Charitable Fund	-	-	-	5,000	-	5,000
Fidelity UK Foundation	-	95,024	95,024	-	-	-
Halcrow Foundation Ltd	-	19,628	19,628	-	26,134	26,134
Harrow Council	1,326	-	1,326	-	-	-
Health London Partnership	24,999	-	24,999	-	-	-
Healthwatch England	200	-	200	-	-	-
Homeless Link	37,022	-	37,022	-	-	-
Marie Curie	5,589	-	5,589	-	-	-
Mind	470	-	470	-	-	-
National Voices	2,150	-	2,150	-	-	-
NHS England	550	-	550	150,000	-	150,000
NHS North West London CCG	9,723	-	9,723	-	-	-
NHS South West London ICB	2,610	-	2,610	-	-	-
NHSE North East and Yorkshire	12,679	-	12,679	-	-	-
Norwich City Council	20,821	-	20,821	-	-	-
Oak Foundation	-	63,586	63,586	-	62,056	62,056
Pathway	1,466	-	1,466	-	-	-
Souter Charitable Trust	5,000	-	5,000	-	-	-
Streets of London	-	-	-	15,000	-	15,000
Swire Charitable Trust	20,000	-	20,000	-	-	-
The Henry Smith Charity	-	40,000	40,000	-	-	-
Tower Hamlets Council	4,200	-	4,200	-	-	-
Wakefield District Council	2,875	-	2,875	-	-	-
Charitable income for Progression	185,795	218,238	404,033	170,000	119,690	289,690
Total income from charitable activities	1,133,883	1,089,699	2,223,582	1,214,471	712,163	1,926,634

4) Investment income

	2023 Total	2022 Total
	£	£
Investments	1,182	-
	1,182	-

All income from investments in the current year was unrestricted. There was no investment income in the prior year.

5) Analysis of expenditure on charitable activities

Current year	Raising funds	Creating Change	Good Health	Progress	Gov costs	Support costs	2023 Total	2022 Total
	£	£	£	£	£	£	£	£
Staff costs (Note 7)	97,353	392,777	682,864	245,481	-	128,753	1,547,228	1,411,744
Project costs	15,879	160,123	171,087	77,074	-	(98,555)	325,608	298,209
Grants	-	280,915	-	-	-	-	280,915	256,147
Accommodation expenses	-	9,958	3,713	754	-	85,145	99,570	74,014
Office expenses	849	2,610	9,978	598	-	46,739	60,774	31,370
IT and systems expenses	934	10,285	3,306	234	-	26,460	41,219	49,135
External professional expenses	-	-	-	-	-	1,410	1,410	2,595
Depreciation & loss on disposal	-	715	3,509	-	-	4,982	9,206	7,536
Finance charges	-	-	-	-	420	1,288	1,708	2,466
Insurance	-	448	-	-	-	1,751	2,199	1,750
Audit and professional fees	-	-	-	-	9,005	39,350	48,355	47,150
Trustee expenses and other governance costs	-	-	-	-	3,453	-	3,453	1,046
	115,015	857,831	874,457	324,141	12,878	237,323	2,421,645	2,183,162
Support costs	16,288	65,715	114,249	41,071	-	(237,323)		
Governance costs	884	3,566	6,200	2,228	(12,878)	-		
Total expenditure 2023	132,187	927,112	994,906	367,440	-	-		
Total expenditure 2022	134,273	862,679	909,556	276,654	-	-		

*Basis of support costs allocation is on staff time.

Prior year	Raising funds	Creating Change	Good Health	Progress	Gov costs	Support costs	2022 Total
	£	£	£	£	£	£	£
Staff costs (Note 6)	94,875	350,498	594,503	198,594	-	173,274	1,411,744
Project costs	16,467	164,560	159,114	32,980	-	(71,912)	298,209
Grants	-	256,147	-	-	-	-	256,147
Accommodation expenses	-	3,151	1,452	870	-	68,541	74,014
Office expenses	-	2,303	11,211	857	-	16,999	31,370
IT and systems expenses	965	4,196	3,850	373	-	39,751	49,135
External professional expenses	-	659	309	-	-	1,627	2,595
Depreciation and loss on disposal	-	-	1,448	-	-	6,088	7,536
Finance charges	-	-	24	-	370	2,072	2,466
Trustee expenses (incl. insurance)	-	-	-	-	-	1,750	1,750
Audit and professional fees	-	13	-	-	8,700	38,437	47,150
Trustee expenses and other governance costs	-	-	-	-	1,046	-	1,046
	112,307	781,527	771,911	230,674	10,116	276,627	2,183,162
Support costs	21,191	78,289	132,789	44,358	-	(276,627)	
Governance costs	775	2,863	4,856	1,622	(10,116)	-	
Total expenditure 2022	134,273	862,679	909,556	276,654	-	-	

6) Analysis of grants

	2023 Total	2022 Total
	£	£
Organisations	280,915	256,147

As part of Groundswell's National Lottery Community grant for the #HealthNow campaign we are in partnership with Crisis and Shelter, as per the grant agreement we pay them to deliver their commitments locally in Greater Manchester (Shelter), Birmingham and Newcastle (Crisis).

As part of our Comic Relief grant for our ListenUp! Project, On Our Radar are an official partner and receive some of the grant to support our reporters on the project.

7) Net income for the year

This is stated after charging (crediting):	£	£
Depreciation	8,126	6,966
Loss on disposal of fixed assets	1,080	571
Operating lease rentals:		
<i>Property</i>	99,570	74,014
<i>Equipment</i>	2,462	3,400
Auditor's remuneration (excl VAT):		
<i>Audit</i>	8,700	7,600

8) Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

Staff costs were as follows:	2023	2022
	£	£
Salaries and wages	1,301,747	1,190,453
Social security costs	134,092	117,520
Employer's contribution to defined contribution pension schemes	62,717	55,069
Staff welfare	25,107	19,034
Recruitment costs	1,457	1,887
Other (including training)	22,108	27,780
	1,547,228	1,411,743

Staff numbers:

The average number of employees (headcount based on number of staff employed) during the year was 43.5 (2022: 39.67). FTE of employees during the year was 40.12 (2022: 37.29)

Staff are split across the activities of the charitable company as follows (headcount basis):

	2023	2022
	No.	No.
Creating Change	10.38	5.25
Good Health	19.93	19.24
Progression	7.95	9.33
Support Costs	2.95	4.18
Fundraising	2.29	1.67
	43.50	39.67

The following number of employees received employee benefits (excluding employer pension costs and employer's national insurance) during the year between:

	2023	2022
£60,000 - £69,999	1	-
£70,000 - £79,100	-	1

The total employee benefits (including employer's pension contributions and employer's national insurance) of the key management personnel were £297,266 (2022: £281,217).

The charity trustees were neither paid nor received any other benefits from employment with the charity in the year (2022: £nil).

One charity trustee received payment for professional or other services supplied to the charity. The services provided were by Gina Rowlands as acting CEO whilst recruitment took place for the position and amounted to £9,200 which has been included in the KMP disclosure above. Gina resigned from her role as trustee in Feb 2023 before taking on the role of Interim CEO. (2022: £nil). Gina has been re-appointed as a trustee in June 2023.

5 trustees received payment or reimbursement of travel, accommodation and subsistence costs for attendance at meetings in the current year totalling £2,223 (2022: £nil).

9) Related Party Transactions

There was only one related party transaction in the year (2022 - None). As stated in note 8, Gina Rowlands received payment for professional services rendered to the charity amounting to £9,200.

Aggregated donations from related parties were £390 (2022: £450).

10) Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

11) Tangible Fixed Assets

	Fixtures and fittings £	Computer equipment £	Total £
Cost or valuation			
At 1 April 2022	1,140	40,131	41,271
Additions in the year	-	4,177	4,177
Disposals in the year	-	(1,616)	(1,616)
At 31 March 2023	1,140	42,692	43,832
Accumulated Depreciation			
At 1 April 2022	1,140	32,267	33,407
Depreciation for the year	-	8,126	8,126
Eliminated on disposal	-	(536)	(536)
At 31 March 2023	1,140	39,857	40,997
Net book value			
At 31 March 2022	-	7,864	7,864
At 31 March 2023	-	2,835	2,835

All the above assets are used for charitable purposes.

12) Debtors and prepayments

	As at 31 March 2023 £	As at 31 March 2022 £
Trade debtors	168,557	183,682
Other debtors	13,830	14,521
Prepayments	18,752	8,580
Accrued income	-	9,667
	201,139	216,450

All of the charity's financial instruments, both assets and liabilities, are measured at amortised cost. The carrying values of these are shown above and also in note 13 below.

13) Creditors: Falling due within one year

	As at 31 March 2023	As at 31 March 2022
	£	£
Trade creditors	25,318	21,779
Taxation and social security	38,837	37,683
Other creditors	7,414	9,329
Accruals	22,652	30,853
Deferred income (note14)	74,165	55,789
	168,386	155,433

14) Deferred income

	As at 31 March 2023	As at 31 March 2022
	£	£
Balance at the beginning of the year	55,789	204,524
Amount released to income in the year	(55,789)	(204,524)
Amount deferred in the year	74,165	55,789
Balance at the end of the year	74,165	55,789

15) Analysis of net assets between funds

Current Year

	Unrestricted funds	Restricted funds	Funds Total
	£	£	£
Fund balances at 31 March 2023 are represented by:			
Tangible fixed assets	2,835	-	2,835
Net Current Assets	494,168	254,259	748,427
	497,003	254,259	751,262

Prior Year

	Unrestricted funds	Restricted funds	Funds Total
	£	£	£
Fund balances at 31 March 2022 are represented by:			
Tangible fixed assets	7,864	-	7,864
Net Current Assets	634,685	191,818	826,503
	642,549	191,818	834,367

16) Movement in funds

Current Year	At 1 April 2022	Income & Gains	Expenditure & losses	Transfers	At 31 March 2023
	£	£	£	£	£
Restricted funds					
Creating Change	99,340	746,461	(724,846)	24,975	145,930
Good Health	51,640	125,000	(116,755)	(38,647)	21,238
Progression	40,838	218,238	(171,985)	-	87,091
Total restricted Funds	191,818	1,089,699	(1,013,586)	(13,672)	254,259
Unrestricted funds					
General funds	642,549	1,248,841	(1,408,059)	13,672	497,003
Total unrestricted funds	642,549	1,248,841	(1,408,059)	13,672	497,003
Total Funds	834,367	2,338,540	(2,421,645)	-	751,262

Purposes of restricted funds:

Creating Change - This strand of the strategy represents all the work we will be doing to challenge and change policy and practice. This cuts across the whole organisation, e.g. the #HealthNow goals of reducing health inequalities, sharing knowledge through Insight & Action research and demonstrating the effectiveness of our support model to make participation and progression of people with experience of homelessness the norm.

Good Health - This strand represents all our people focused health work; innovative services that enable people to access the health care they need and the work we do to promote a healthy and sustainable working environment both within Groundswell and as tools to share with others.

Progression - This strand represents all our work on developing and supporting a workforce with experience of homelessness to participate in designing and delivering solutions to homelessness whilst progressing in their own lives.

Transfer between funds – the transfer of funds in the current year is in relation to the correction of opening balances carried forward from the prior year that had been incorrectly recognised as restricted funding.

Prior Year	At 1 April 2021 £	Income & Gains £	Expenditure & losses £	Transfers £	At 31 March 2022 £
Restricted funds					
Creating Change	182,421	443,446	(526,527)	-	99,340
Good Health	119,175	149,027	(216,562)	-	51,640
Progression	68,534	119,690	(147,386)	-	40,838
Total restricted Funds	370,130	712,163	(890,475)	-	191,818
Unrestricted funds					
General funds	587,699	1,347,537	(1,292,687)	-	642,549
Total unrestricted funds	587,699	1,347,537	(1,292,687)	-	642,549
Total Funds	957,829	2,059,700	(2,183,162)	-	834,367

17) Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following periods:

	As at 31 March 2023 £	Property As at 31 March 2022 £
Less than one year	63,444	68,353
Two to five years	77,439	17,294
	<u>140,883</u>	<u>85,647</u>

18) Legal Status

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.